

Doctor's Best Glucosamine Chondroitin MSM provides three important nutrients which help maintain healthy joints and connective tissues: glucosamine, chondroitin and Methylsulfonylmethane (MSM, from OptiMSM®). Glucosamine sulfate helps joint health for joint lubrication and better joint movement and flexibility.* Cartilage, composed of proteoglycans, is mainly located on bones and near joints and consists primarily of collagen protein with side chains called chondroitin sulfate. MSM supplies bioavailable sulfur needed for joint health. OptiMSM® is purified via distillation for highest purity and consistency and is an excellent source of bioavailable sulfur.*

Helps maintain strong, healthy and flexible joints*

Helps support and maintain the body's joints*

Helps benefit hair, skin and nails*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



YDRB081-3



**Dietary
Supplement**

**Doctor's
BEST®**

**Science-Based
Nutrition™**

Glucosamine Chondroitin MSM

with **OptiMSM®**

HELPS MAINTAIN HEALTHY JOINTS*

240 Capsules

Supplement Facts

Serving Size 4 capsules

Servings per container 60 servings

	Amount per serving	% Daily Value
Potassium (from glucosamine sulfate 2KCl)	182 mg	6%
Chloride (from glucosamine sulfate 2KCl)	168 mg	4%
Sodium (from chondroitin sulfate sodium)	56 mg	2%
Glucosamine sulfate 2KCl	1500 mg	†
Chondroitin sulfate (from chondroitin sulfate sodium)	1200 mg	†
MSM (Methylsulfonylmethane from OptiMSM®)	1000 mg	†

† Daily Value not established.

Other Ingredients: Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish)

Suggested Adult Use: Take 4 capsules daily, with or without food, or as recommended by a nutritionally-informed physician.

Non-GMO / Gluten Free / Soy Free

Store in a cool dry place.

Manufactured for **Doctor's Best, Inc.**

California, USA

(800) 777-2474

www.drbitamins.com

OptiMSM® is a registered trademark of Bergstrom Nutrition.®