This formulation provides a natural, concentrated source of the essential Omega 3 fatty acids EPA and DHA from deep-sea, cold-water fish. EPA and DHA support cardiovascular, joint and metabolic health. The fish oil in this formulation is tested for optimum purity. It undergoes molecular distillation to remove mercury.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4 www.solgar.com ©2015 Solgar, Inc.

SOLGB3831 03D



## OMEGA 3 FISH OIL CONCENTRATE

## PURIFIED TO ELIMINATE MERCURY

NON-GMO GLUTEN, WHEAT & DAIRY FREE

240 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 2 Softgels Servings Per Container: 120

| Amount Per Serving                                       |          | %DV        |
|--|----------|------------|
| Calories   | 20       |            |
| Calories from Fat  | 20       |            |
| Total Fat  | 2 g      | 3%**       |
| Saturated Fat  | 0.5 g    | 3%**       |
| Polyunsaturated Fat                                      | 1 g      | ***        |
| Monounsaturated Fat                                      | 0.5 g    | ***        |
| Cholesterol  | 20 mg    | <b>7</b> % |
| Fish Oil Concentrate<br>comprised of:                    | 2000 mg  | ***        |
| Total Omega-3 Polyunsaturates<br>providing:              | † 600 mg | ***        |
| EPA  | 320 mg   | ***        |
| (eicosapentaenoic acid)<br>DHA<br>(docosahexaenoic acid) | 200 mg   | ***        |

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet

\*\*\*Daily Value (DV) not established

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Mixed Tocopherols. Contains fish (anchovy, sardine).

## † Natural Triglycerides

SUGGESTED USE: As a dietary supplement for adults, take two (2) softgels three times daily, preferably with meals or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

