

Nutrition Facts

Serving Size: 1 Packet (30g)
Servings Per Container: 10

Amount Per Serving		% Daily Value*	
Calories	110	Calories From Fat	20
Total Fat	2g		3%
Saturated Fat	0.5g		3%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	310mg		13%
Potassium	150mg		4%
Total Carbohydrate	3g		1%
Dietary Fiber	2g		8%
Sugars	0g		
Protein	20g		40%
Vitamin A	6%	Vitamin C	2%
Calcium	4%	Iron	40%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

INGREDIENTS: Ground-Based® Organic Protein Blend (Organic Pea Protein, Organic Brown Rice Protein, Organic Sacha Inchi Protein, Organic Cranberry Protein), Organic Cocoa Powder, Organic Inulin (as fiber), Natural Flavor, Organic Flavor, Organic Broccoli, Organic Spinach, Organic Kale, Sea Salt, Organic Guar Gum, Organic Arabic Gum, Organic Reb A, Protease, Organic Spirulina, Organic Coconut Oil Powder, Organic Cracked Cell Chlorella, Organic Maca Root, Papain, Bromelain.

Contains Coconut.

Directions:

Mix packet in 8 to 12 ounces of cold water or your favorite non-dairy beverage such as almond milk. For optimal health, take one or more servings daily. Superfood Protein can also be added to your favorite smoothie recipe.



Visit us online at www.ground-based.com for smoothie recipes and more information.



#GroundBased

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Certified Organic by QAI



Ground-Based Nutrition is an innovative leader in the natural food supplement industry. We pride ourselves on using the highest quality natural whole food organic ingredients. We use no artificial sweeteners, colors, flavors, dyes, additives, or preservatives.

Superfood Protein is a convenient all-in-one nutritional shake which contains an organic blend of plant-based proteins, greens, fiber, healthy fats, vitamins, minerals and digestive enzymes.

Plant-Based Protein: Multisource organic protein blend from organic pea protein isolate, organic whole grain brown rice protein, organic sachu inchi protein and organic cranberry protein.

Greens: Organic vegetable blend from organic broccoli, organic kale, organic spinach, organic chlorella, and organic spirulina, the equivalent to a full serving of greens.

Fiber: Natural soluble and insoluble fiber from organic vegetable sources.

Healthy Fats: Essential fatty acids (EFAs) from organic plant-based protein blend and medium-chain triglycerides (MCTs) derived from organic coconut oil.

Vitamins & Minerals: Organic spirulina and organic maca provide naturally occurring vitamins and minerals.

Digestive Enzymes: A proprietary enzyme blend facilitates the breakdown of nutrients.

superfood protein™

plant-based
protein blend

20g of protein

organic

greens & fiber

vegan

gluten free

no soy,
dairy or
whey

no artificial
colors, flavors,
or dyes



rich chocolate

Net Wt. 10.6 oz (300g)
10 - 1.06 oz (30g) Single Serving Packets



www.ground-based.com

KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE

