- Free Form Amino Acids for Rapid Uptake<sup>4</sup> Essential Amino Acids Including BCAAs Supports Recovery Before, During & After Exercise<sup>\*</sup>
- Train Longer & Harder with beta-Alanine<sup>\*</sup>
- Natural Energizers & Antioxidants<sup>\*</sup>
- Supports Nitric Oxide Synthesis<sup>\*</sup>

scoop # | ଏଏ । ଏଏଏଏ । ଏଏଏଏଏଏ AMINO LEVEL 5 GRAMS 10 GRAMS 15 GRAMS

	# UF 3000F3
AM WAKE UP	2-4
PRE-WORKOUT ENERGY	4-6
POST-WORKOUT RECOVERY	2-4
AFTERNOON PICK-ME-UP	2-4

FOR AN AMINO ACID BOOST: Consume one or more servings first thing in the morning and/or between meals. FOR PRE-WORKOUT ENERGY: Take 1-3 servings 20-30 minutes before training. FOR POST-WORKOUT RECOVERY: Take 1-2 servings immediately after training.

TIPS: ESSENTIAL AMINO ENERGY contains 50 mg of caffeine per scoop, so do not consume after 5:00 PM if you have difficulty sleeping. Caffeine sensitive individuals Id assess their tolerance for caffeine with a 1-scoop serving before mixing up multiple scoops, ESSENTIAL AMINO ENERGY also contains beta-Alanine and may cause a temporary tingling sensation on your skin. This is normal. With continued use, the intensity of the sensation will decrease or disappear.

PBERRY

RASI

BLUE

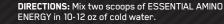
SERVINGS

ER 

**USE ANYTIME FOR:** 

+ ESSENTIAL AMINO ACID DELIVERY + NITRIC OXIDE PRODUCTION<sup>+</sup> + MUSCLE RECOVERY ACCELERATION\*

+ IMPROVED ENERGY AND FOCUS<sup>4</sup>



## **Supplement Facts** Serving Size Two Scoops (9 g) Servings Per Container 30

Amount Per Serving	%Da	aily Value		
Calories	10			
Total Carbohydrate	2 g	1%*		
Amino Blend	5 g	†		
Micronized Taurine, Micronized L-Glutamine, Micronized L-Arginine, Micronized L-Leucine, CarnoSyn <sup>®</sup> Beta- Alanine, Micronized Citrulline, Micronized L-Isoleucine, Micronized L-Valine, Micronized L-Tyrosine, Micronized L- Histidine, Micronized L-Lysine, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine				
Energy Blend Caffeine (from Green Tea) <sup>‡</sup> , Greer <i>sinensis</i> )(leaf)(standardized for EG	160 mg n Tea Extract ( <i>Cam</i> GCG), Green Coffee	† e <i>llia</i> Extract		

\* Percent Daily Values are based on a 2.000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Malic Acid, Tartaric Acid, Silicon Dioxide, Calcium Silicate, Sucralose, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Lecithin, FD&C Blue # 2, Inulin.

ALLERGEN INFORMATION: CONTAINS SOY (LECITHIN)

<sup>‡</sup>Total Caffeine from all sources is equal to 100mg/9g serving.



Consumer Affairs

Natural Alternatives International (NAI) is the owner of patents 5,965,596, 6,172,098, 6,426,361, 6,680,294 and registered trademark CarnoSyn



WWW.OPTIMUMNUTRITION.COM

TrueStrenath.com

Sunrise, FL 33325 (630) 236-0097

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I. Check with a qualified health care prof re pregnant or nursing a baby, under 18 real conditions, and/or if you are taking PHENYLKETONURICS: CONTAINS PHENYL

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**TRUE STRENGTH** MANUFACTURED IN THE USA

DIETARY SUPPLEMENT NET WT. 0.6 lbs (270 G)