# PERFORMIX PROGAINER +

Size matters, but it should be quality over quantity. When putting on mass, you look to build colossal muscle and impressive strength, while maintaining a lean and fit body composition. We combine an abundance of quality protein with a multi-phase carbohydrate blend along with creatine, leucine and time-release glutamine for a formula ideal for explosive growth. They work together to create the perfect macronutrient profile for putting on massive amounts of lean muscle, and providing you with sufficient recovery from even the most demanding training regimen.

Muscle Growth: Build mass with our optimally designed macronutrient profile, containing an abundance of protein and carbohydrates, combined with creatine and leucine. This formula provides you with the right elements to accelerate strength and muscle growth by providing an ample ratio of these key nutrients.†

Recover, Rebuild, and Recharge: Time-release glutamine beads help you repair muscle, support endurance and aid recovery from challenging training as you continue to gain mass.

Multi-Phase Carbohydrate Blend: If you want quality size, you need quality ingredients. Our multiphase blend of carbohydrates combines fast-digesting high-glycemic carbs with low-glycemic whole-food sourced carbs. This means you get the benefits of quickly absorbing carbs for immediate muscle-building and

recovery along with the advantages of a longer absorbing plant-based carb source.

# 7 FREE FORM AMINO ACIDS:

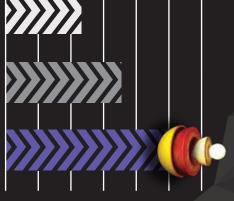
Leucine and Glutamine absorbed instantly to promote rapid recovery and stimulate muscle protein synthesis

## 2 carb10™:

Fast gastric emptying and slow digesting, plant-derived carb source to provide sustained recovery.

# 3 TERRA GLUTAMINE BEADS:

Time release glutamine release to encourage recovery and repair long after workout.1



## PRO GAINER +

MULTI-PHASE MASS GAINER\* + TIME-RELEASE GLUTAMINE

# PERFORMIX



Muscle Growth Recover, Rebuild, and Recharge **Diversified Carbohydrate Blend** 



PERFORMIX TERRA POD -MULTI-COATING MATRIX

> DISPERSION COATING Intelligent rate control polymer designed for extended release naredient profile.

HYDROPHILIC COAT Intelligent carrier control pore former within the dispersion coat provides delayed release

functionality.

† These statements have not been evaluated by the Food and Drug Administration This product is not intended to diagnose, treat, cure, or prevent any disease.

# PERFORMIX

#### DRIVEN BY INNOVATION, DEFINED BY PERFORMANCE.

Every PERFORMIX supplement is driven by our TERRA Intelligent Dosing™ technology utilizing best in class bioavailability enhancers and intelligent dosing delivery to help maximize every single molecule's potential... period. To out perform, out last and out do.

TERRA Coating is an innovative Multi-Coating Matrix [MCM] technology that targets pH extended release functionality. This offers an advanced delayed release coating system, designed with multiple release points to help maximize ingredient performance.

### ADVANCED MULTI-PHASE EXTENDED RELEASE

TERRA TARGET INGREDIENTS

SUGGESTED USE: As a dietary supplement, adults mix 1 serving [2 scoops] with 16 ounces of cold water immediately after exercise or vigorous activity as needed. Please read the entire label before use.

# **Supplement Facts**

Servings Per Container: 5

Amount Per Serving		% Daily Value
Calories	840	
otal Fat	7 g	9%
Saturated Fat	4 g	20%
Cholesterol	115 mg	38%
Total Carbohydrate	149 g	54%
Dietary Fiber	5 g	18%
Total Sugars	43 g	*
Includes 35g Added Sugars		70%
Protein	50 g	100%
Calcium	194 mg	15%
Sodium	470 mg	20%
-Glutamine	7 g	*
-Leucine	7 g	*
Creatine Monohydrate	5 g	*
Betaine Anhydrous	3 g	*
Medium Chain Triglycerides	1 g	*
Percent Daily Values are based on a 2000 calorie diet.		

OTHER INGREDIENTS: Whole Food Carb Blend (Carb10™ (Legume-base starch derived from Pisum sativum (peas)), ModCarb™ (oats amaranth, buckwheat, chia, millet, and quinoa)), Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate) Maltodextrin, Dextrose, Cocoa Powder (Processed with Alkali), Natural and Artificial Flavor, Salt (Sodium Chloride), Gum Acacia, Xanthan Gum Guar Gum, Fractionated Palm Oil Powder, Sucralose, Acesulfame Potassium, Ethylcellulose, Povidone, Silicon Dioxide, Polyethylene Glycol FD&C Yellow #5

This product was produced in a facility that may also process ingredients containing milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Distributed by: Performix LLC, 221 S. Cherokee St., Denver, CO 80223

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pregnant, or nursing, or if you are taking medication, or if you have a medical condition, including, but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath, DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN. KEEP OUT OF THE REACH OF CHILDREN.

www.performixdriven.com Store in a cool (60-80°F), dry place, Please recycle.





MADE IN THE Proudly made in the USA with carefully selected ingredients of international and domestic origin.

