

INGREDIENTS: White chocolate (maltitol, cocoa butter, protein isolate, polydextrose, milk protein isolate, whey protein isolate, polydextrose, and palm oil), vanilla, glycerol, soy protein isolate, soy oil, palm fat, xylitol, sucrose, & malted milk powder, fat reduced cocoa, cream powder, maltitol powder, salt, maltitol, cocoa, ester), vanilla, natural flavors, sunflower oil, colors (beta carotene, titanium dioxide).

ALLERGENS: MILK, SOY
MANUFACTURED IN A FACILITY THAT ALSO PROCESSES
EGLUTEN, TREE NUTS, PEANUTS, WHEAT AND EGGS.

Product contains more than 10g/100g polyols; excessive consumption may cause laxative effects.

Amount Per Serving	% Daily Value*
Total Fat 8g	16%
Saturated Fat 4g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 150mg	6%
Potassium 75mg	2%
Vitamin A 0%	
Vitamin C 0%	
Calcium 20%	
Iron 2%	
Total Carbohydrate 21g	7%
Dietary Fiber 6g	24%
Sugars 2g	
Sugar Alcohol 13g	
Protein 22g	44%

Nutrition Facts

Serving Size 1 Bar (60g)
 Servings Per Container 1

Calories 220

*Percent Daily Values are based on a diet of other people's sins. ©2008 Grenade Nutrition, LLC. All rights reserved.

PER BAR

29

IMPACT CARBS

ONLY

PER BAR

29

SUGARS

ONLY

PER BAR

22g

PROTEIN

NOTE FOR TESTED ATHLETES: This product is registered with the Informed-Choice program. This program certifies that all nutritional supplements and/or ingredients have been tested for banned substances by the world class sports anti-doping lab, LGC.



GRENADE

CARB KILLA

HIGH PROTEIN BAR

12-2.12 oz (60 gm) NET WT 25.44 oz (720 gm)

HIGH PROTEIN BAR WITH A COOKIE FLAVORED TOPPING, COATED IN WHITE CHOCOLATE WITH SWEETENER. FOR EXPIRATION DATE SEE REVERSE



GRENADE

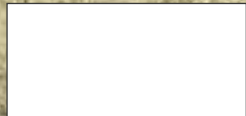
CARB KILLA

22g
 PROTEIN
 PER BAR

2g
 SUGARS
 PER BAR

2g
 IMPACT CARBS
 PER BAR

** Impact Carbs defined as Sugars



NET WT: 2.12oz (60g)

MANUFACTURED AND PACKAGED TO THE HIGHEST STANDARDS ON BEHALF OF GRENADE® USA, LLC.

DISTRIBUTED BY: GRENADE® USA, LLC
 12385 NW EXECUTIVE CTR. DR. #100
 BOCA RATON, FL 33431

CONTENTS MADE IN THE NETHERLANDS

STORE AT A TEMPERATURE RANGE OF 15°C TO 22°C, AWAY FROM DIRECT SUNLIGHT, EXTREMES OF HEAT CHANGE, ODOUR & HUMIDITY.
 GRENADE® IS A REGISTERED TRADEMARK.

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