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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take one (1) lozenge one to four times daily with or without food, or as recommended by a healthcare practitioner. Place lozenge in mouth and allow to dissolve, then swallow.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q00361E



**LifeExtension®**

**B12**

500 mcg



**Essential B Vitamin**

Dietary  
Supplement

100 Lozenges

**Supplement Facts**

Serving Size 1 Lozenge

Amount Per Serving		% Daily Value
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%

Other ingredients: mannitol, sorbitol, microcrystalline cellulose, vegetable stearate, croscarmellose sodium, natural strawberry flavor.

Non-GMO

Manufactured for:  
**Quality Supplements and Vitamins, Inc.**  
Ft. Lauderdale, Florida 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.