

Amount Per Serving		% DV
Cardio Blend	20 mg	**
Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (1 mg), Coenzyme Q10 (ubiquinone)		
Choline (as choline bitartrate)	20 mg	**
Citrus Bioflavonoid Complex	20 mg	**
(from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones		
Daily Greens™ Blend providing Amino Acids	20 mg	**
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae ( <i>Aphanizomenon flos-aquae</i> ), Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass, Nettle (leaf), Plantain (leaf), Wheat Grass		
Digestive Enzyme Blend	20 mg	**
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain		
Inositol	20 mg	**
Organic Mushroom Mycelium Defense Blend	20 mg	**
Reishi ( <i>Ganoderma lucidum</i> ), Shiitake ( <i>Lentinula edodes</i> ), Oyster Hiratake ( <i>Pleurotus ostreatus</i> ), Enokitake ( <i>Flammulina velutipes</i> ), Maitake ( <i>Grifola frondosa</i> ), Yamabushitake ( <i>Hericium erinaceus</i> ), Agarikon ( <i>Fomitopsis officinalis</i> ), Chaga ( <i>Inonotus obliquus</i> ), Himematsutake ( <i>Agaricus brasiliensis/blazei</i> ), Kawaratake ( <i>Trametes versicolor</i> ), Mesima ( <i>Phellinus linteus</i> ), Zhu Ling ( <i>Grifola umbellata</i> )		
Rutin ( <i>Sophora japonica</i> ) flower bud extract	5 mg	**
Lutein (from marigold)	500 mcg	**
Lycopene (from tomato extract [fruit])	200 mcg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable magnesium stearate, Vegetable modified cellulose, Vegetable glycerin

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**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, soy, artificial colors, flavors or preservatives. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

## ULTRA Potency 1x Daily

Complete, nutrient diverse Alive!® multi with food-based blends:

- Orchard Fruits™/Garden Veggies™ blend
- Cardio blend • Citrus Bioflavonoid complex
- Daily Greens™ blend providing amino acids
- Digestive Enzyme blend
- Mushroom Mycelium Defense blend



## ULTRA B-Vitamins

to help convert food into energy\*



## Whole Body Nutrition

for men and women to help support:



Bones\*



Cells\*



Digestion\*



Eyes\*



Heart\*



Immunity\*



Metabolism\*



Muscles\*

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium  
Formula

Nature's  
Way

# Alive!

## Once Daily

### Multi-Vitamin

#### ULTRA POTENCY

### ENERGIZER™

with Food Based blends

Orchard Fruits™ / Garden Veggies™  
& Daily Greens™ powder (120 mg),  
Enzymes, Bioflavonoids

60 TABLETS • Multi-Vitamin Supplement

**Recommendation:** Take 1 tablet daily, preferably with food. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Not formulated for children. Contains the amino acid phenylalanine. Do not exceed recommended use.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin A (50% [5,000 IU] as Vitamin A acetate and 50% [5,000 IU] as beta carotene)	10,000 IU	200%
Vitamin C (ascorbic acid)	250 mg	417%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU	400%
Vitamin K1 (as phytonadione)	80 mcg	100%
Thiamin (as thiamin mononitrate)	25 mg	1,667%
Riboflavin (Vitamin B2)	25 mg	1,471%
Niacin (as niacinamide)	50 mg	250%
Vitamin B6 (as pyridoxine HCl)	40 mg	2,000%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	120 mcg	2,000%
Biotin	325 mcg	108%
Pantothenic Acid (as D-calcium pantothenate)	50 mg	500%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion sp.</i> [whole plant])	100 mg	10%
Iron (as ferrous fumarate)	18 mg	100%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide and from Aquamin® calcified mineral source Red Algae <i>Lithothamnion sp.</i> [whole plant])	50 mg	13%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as sodium selenate)	200 mcg	286%
Copper (as copper sulfate)	2 mg	100%
Manganese (as manganese sulfate)	5 mg	250%
Molybdenum (as sodium molybdate)	75 mcg	100%
Potassium (as potassium chloride)	5 mg	<1%

Orchard Fruits™ / Garden Veggies™ Blend 100 mg \*\*  
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach