

for extended release ingredient profile

DIETARY SUPPLEMENT NET WT. 3.74 OZ (106g)

SUGGESTED USE: As a dietary supplement, adults mix each serving (1 scoop) with 4-6 oz of water 20-30 minutes SUGESTED USE: As a detary supplement, adults mice acis nevering if scoop) with 4-6 or of voter 20-30 minutes prior to vertically 0 not acceed two 1/2 scoops per day. This product should not be taken in combination with other products containing caffeine or other stimulants. Some individuals may experience a hamiless fingling and askin filtas which are attributed to the beta alanine and mincin in this product. Do not take within six hours of bedtime. Prior to each use, shake container vigorously to ensure evenly dispersed beads. Please read the entire label before use.

Supplement FactsServing Size 1 scoop (5.3g)

Servings Per Container 20

Amount Per Serving	%Da	% Daily Value	
Niacin (as Nicotinic Acid and Niacinamide)	30 mg	150%	
Vitamin B12 (as Methlycobalamin)	500 mcg	8,330%	
Calcium (as Calcium Silicate)	72 mg	6%	

Performix[™] ION Preworkout Complex[†]

with exclusive Performix Terra Intelligent Dosing™ beadlets

Sustained Muscular Peformance Blend and Ballistic Energy Matrix

Carnosyn® Beta Alanine, Citrulline Malate 2:1, Betaine Anhydrous, Creatine HCl, N-Acetyl L-Tyrosine, Advantra Z[®] Bitter Orange (Citrus aurantium) Extract (fruit) (supplying synephrine, n-methyltwamine, hordenine, tyramine and octopamine). Bioperine® Black Peoper (Piper nigrum) Extract (fruit)[std. to 95% Piperine], Rauwolscine (Rauvolfia canescens) Extract (bark)[std. to 90%

Alpha Yohimbine HCI 175 mg Caffeine

* Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.

OTHER INGREDIENTS: Calcium Silicate, Hydrogenated Vegetable 01, Natural & Artificial Flavors, Sucralose, Citric Acid, Microcrystalline Cellulose, Acesulfame Potassium, Hydroxypropyl Methylcellulose (HPMC), Silica, Yellow Dye #5, Ethylcellulose, FD&C Yellow #6, FD&C Red Dye #40.

This product was produced in a facility that may also process ingredients containing milk, eggs, fish, crustacean she fish, tree nuts, peanuts, wheat and soybear