

Wild caught. Pure. No fishy aftertaste.

NORDIC



NATURALS®

- ✓ **Healthy Heart***
- ✓ **Brain Health***
- ✓ **Optimal Wellness***

Great
lemon
taste!



OMEGA ONE

560 mg Omega-3 + 500 I.U. D3
Highest-concentration omega-3 fish oil
in one small, daily soft gel

Superior Triglyceride Form



Dietary Supplement | 650 mg Soft Gels | 30 Count

Supplement Facts

Serving Size: 1 Soft Gel

Servings per container: 30

Amount Per Serving	% Daily Value*	
Calories	5	
Calories from fat	5	
Total Fat	0.5 g	1%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	500 I.U.	125%
Total Omega-3s	560 mg	†
EPA (Eicosapentaenoic Acid)	293 mg	†
DHA (Docosahexaenoic Acid)	228 mg	†
Other Omega-3s	39 mg	†

Please recycle this container

Rev.A-02

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, vitamin D3 (cholecalciferol in olive oil), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.

Omega ONE features our exclusive highest-concentration fish oil in the triglyceride form (the form naturally found in fish) to support heart health in one small, daily soft gel.* With added vitamin D3 for mood and immune support, it's the perfect ONE to help you start your day strong.* Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

Suggested Use: One soft gel daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight. Do not take if tamper-evident seal is broken or missing. Product protected by U.S. patent #s 6346231 & 6641837. Keep out of the reach of children.

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway. Distributed from the U.S. by: NORDIC NATURALS, INC., Watsonville, CA 95076

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