

**USAGE:** Chew 1 to 6 tablets before or after exercise or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**Ribose** is one of the necessary building blocks for the formation of ATP, the “universal” energy molecule in the body.\* Physical stress can deplete ATP stores in cardiac and skeletal muscles. As the rate-limiting substrate in the synthesis of nucleotides, including ATP, ribose plays a vital role in replenishing ATP, thus, enhancing energy production, improving muscle recovery and thus Muscle Edge®.\*

**Jarrow Formulas® Bioenergy Ribose®** is made by microbial fermentation and protected by U.S. patents 6,159,942, 6,534,480, 6,218,366 and 6,339,716.

**Keep out of the reach of children.  
Store in a cool, dry place; keep lid tightly closed.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

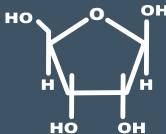
Lot #. Best Used Before:

**Jarrow**  
FORMULAS

Berry Flavor

# D-Ribose

**Supports:  
Muscle Recovery,\*  
Energy, Endurance\***



**90**  
CHEWABLE  
TABLETS

**DIETARY  
SUPPLEMENT**



## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 90

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Total Sugars		††
Includes 1 g Added Sugars		2%
D-Ribose	1 g	††

† Percent Daily Values are based on a 2,000 calorie diet.  
†† Daily Value not established.

Other Ingredients: Xylitol, natural berry flavor, cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and silicon dioxide.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.  
**Suitable for vegetarians/vegans.**

BIOENERGY  
**RIBOSE**

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

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