

Nutrition Facts

Serving Size: 1 bar (49 g)
Servings per container: 12

Amount / Serving		Calories from Fat 130
		% Daily Value*
Calories	220	
Total Fat	14g	22%
Saturated Fat	5g	25%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	65mg	3%
Potassium	160mg	5%
Total Carbohydrate	15g	5%
Dietary Fiber	9g	36%
Sugars	3g	
Protein	15g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Pumpkin Seeds, Cashews, Grass-Fed Hydrolyzed Collagen, Prebiotic Fiber (From Cassava Root), Chia Seeds, Coconut Flakes, Honey, Water, Coconut Oil, Organic Coconut Flour, Natural Flavors, Himalayan Pink Salt, Monk Fruit Extract, Tocopherols, Almonds

Manufactured on equipment that also processes egg, milk, soy, peanuts and tree nuts.

primalkitchen.com

Distributed by: Primal Nutrition, LLC
Oxnard CA 93033
Questions? 1-888-774-6259

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PRIMAL KITCHEN

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15G PROTEIN

MADE WITH COCONUT CASHEW BAR GRASS-FED COLLAGEN

GLUTEN FREE | DAIRY FREE | SOY FREE | 7,800MG COLLAGEN | 3g SUGAR | PALEO APPROVED



12 BARS

NET WT. 20.7 OZ (588 G)

My philosophy is simple: every bite of food you eat should be both delicious and healthful. I created Primal Kitchen™ to make healthy eating easy and exciting. No more sacrificing flavor for health—and no offensive ingredients allowed!



MARK SISSON, Founder of Primal Kitchen™
Author of *The Primal Blueprint* and *MarksDailyApple.com*