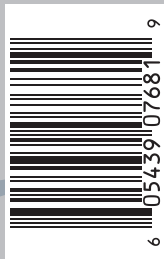


# The Protein-Powered Sports Drink

Accelerade, the only sports drink that contains carbohydrate and protein in a patented<sup>†</sup> 4:1 ratio, helps athletes perform better and recover faster. Compared to conventional sports drinks, protein enhanced Accelerade extends endurance, enhances rehydration and reduces muscle damage.

Nutrition Engineered for Maximum Performance		Before	During	After
<b>HYDRATION/ FUELING</b>	ACCELERADE <sup>®</sup>	X	X	
<b>ENERGIZE</b>	ACCEL GEL <sup>®</sup>	X	X	
	2nd SURGE <sup>™</sup>	X	X	
<b>RECOVERY</b>	ENDUROX <sup>®</sup> R4 <sup>®</sup>			X



# ACCELERADE<sup>®</sup>

The Protein-Powered Sports Drink

Extends Endurance  
Enhances Rehydration  
Speeds Recovery

## Nutrition Facts

Serving Size 1 scoop (31g)  
1 Scoop makes 12 fl. oz.  
Servings Per Container 30

Amount Per Serving	
Calories 120	Calories from Fat 5
% Daily Value*	
<b>Total Fat</b> 0.5g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Potassium</b> 95mg	<b>3%</b>
<b>Total Carbohydrate</b> 21g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 19g	
<b>Protein</b> 5g	
Vitamin C 100%	Vitamin E 100%
Calcium 2%	Magnesium 30%

\*Percent Daily Values are based on a 2,000 calorie diet.

## Ingredients:

Sucrose, whey protein concentrate, fructose, citric acid, natural flavor, maltodextrin, turmeric (for color), magnesium carbonate, salt, potassium phosphate, Vitamin E ascorbate, ascorbic acid (Vitamin C), fruit juice (for color), soy lecithin.

Contains milk and soy.

Manufactured in a facility that processes milk, eggs, soy, wheat and tree nuts. May be stored in a facility containing fish and shellfish.

Learn more about the Science behind Accelerade

[pacifichealthlabs.com/accelerade](http://pacifichealthlabs.com/accelerade)

**Usage:** Mix with 12-16oz of cold water. Mix to desired taste.

Recommended Dosage		
BODY WEIGHT	Less than 120lbs	120lbs and over
<b>SCOOPS</b>	½ scoop	1 scoop
<b>WATER</b>	12-16oz mix to desired taste	12-16oz mix to desired taste
<b>BEFORE</b>	Take 4-6oz before exercise	Take 4-6oz before exercise
<b>DURING</b>	Take 8-10oz during exercise	Take 8-10oz during exercise

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CARBOHYDRATE  
PROTEIN FORMULA

NET WT 2.06 LBS (933G) 30 SERVINGS

ALL NATURAL

LEMON LIME

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Store at room temperature.  
Avoid excess heat above 104°F (40°C).