

Suggested Use: For aromatherapy use. For all other uses, carefully dilute with a carrier oil such as jojoba, grapeseed, olive, or almond oil prior to use. Please consult an essential oil book or other professional reference source for suggested dilution ratios.

Natural essential oils are highly concentrated and should be used with care.

Caution: Keep out of reach of children. Avoid contact with eyes. If pregnant or lactating, consult your healthcare practitioner before using. Not for internal use.

now[®]
essential oils



100% pure
lavender

Lavandula officinalis (spp.)

Net 1 fl. oz. (30 mL)

Ingredients: 100% pure lavender oil.

Aroma: Floral.

Benefits: Soothing, normalizing, balancing.

Headache Ease Blend:

Add 3 drops each of lavender oil, peppermint oil and chamomile oil to a diffuser and enjoy.

Extraction Method:

Steam Distilled from fresh flowering tops.

Purity Tested/Quality Assured

Manufactured by NOW Foods
Bloomington, IL 60108, U.S.A.
www.nowfoods.com



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