

A 28-day supply of tearable daily strips providing the **essential nutrients** to help your body function at its best.* Each strip contains a complete **multivitamin** and bioabsorbable **omega 3** designed to support:



Energy Release⁺
Calcium | B6



Immune Health⁺
Zinc | Omega 3



Heart Health⁺
Magnesium | Copper



Multivitamin for immunity⁺
A balanced combination of essential vitamins and minerals to support your immune system and general health.⁺



Omega 3 for wellbeing⁺
Pure Antarctic krill provides the most absorbable source of omega 3, which supports brain function and heart health.⁺

Using only the highest quality, **filler-free** ingredients, VITL's products are both **expertly formulated** and thoughtfully designed to make staying healthy as convenient and achievable as possible.⁺

You should call a doctor for medical advice about serious adverse events.
For more information, or to report an adverse event please contact: 1-877-778-5807 | info@vitl.com

DISTRIBUTED BY: Sequence Nutrition Ltd, 11 Francis Street, London, SW1P 1DE, United Kingdom.

Product of the United Kingdom.

BEST BY:
01/2019



NUTRITIONAL INFORMATION: Does not contain artificial preservatives, colors, sweeteners or flavorings. Free from gluten, lactose, dairy products, yeast, salt, wheat and maize.

DIRECTIONS: Take 1 strip per day with food. Do not exceed stated dose. Food supplements should not be used as a substitute for a varied diet. Consult your doctor before use if you are pregnant, breast feeding or taking any medication. Do not use if blister foil is broken. Store in a cool, dry place. Avoid storing in sunlight. Keep out of reach of children.

DIETARY SUPPLEMENT: Contains a 28-day supply.

OMEGA 3 (KRILL OIL)

Supplement Facts

Serving Size: 1 Softgel Servings Per Pack: 28

Amount Per Serving	%DV*
Calories	5 <1%
Calories From Fat	5 <1%
Total Fat	0.5g <1%
Krill Oil	500mg **
Providing:	
Total Marine Phospholipids	200mg
Total Omega 3 Fatty Acids	110mg
EPA (Eicosapentaenoic Acid)	60mg
DHA (Docosahexaenoic Acid)	28mg
Astaxanthin	50µg

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value Not Established. DV = Daily Value.

Ingredients: Krill Oil (Superba™ 2) (from Crustaceans), Capsule (Fish Gelatin, Glycerol, Sorbitol, Purified Water)

+ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MULTIVITAMIN & MINERAL

Supplement Facts

Serving Size: 1 Capsule Servings Per Pack: 28

Amount Per Serving	%DV*
Vitamin A	1333IU 27%
Vitamin C	100mg 167%
Vitamin D	1000IU 250%
Vitamin E	18IU 60%
Vitamin K1	37.5µg 47%
Thiamin	10mg 667%
Riboflavin	5mg 294%
Niacin	20mg 100%
Vitamin B6	10mg 500%
Folate	200µg 50%
Vitamin B12	10µg 167%
Biotin	100 µg 33%
Pantothenic Acid	10mg 100%
Calcium	25mg 2.5%
Iodine	150µg 100%
Magnesium	30mg 7.5%
Zinc	10mg 67%
Selenium	27.5µg 39%
Copper	1mg 50%
Manganese	1mg 50%
Chromium	20µg 17%
Molybdenum	50µg 67%
Choline	15mg **

* Percent Daily Values are based on a 2,000 calorie diet.

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Ingredients: Ascorbic Acid, Magnesium Citrate, Calcium Citrate, Nicotinamide, Choline Bitartrate, Vitamin E Natural (as D-Alpha Tocopherol), Thiamine Hydrochloride, Calcium Pantothenate, Pyridoxal-5-Phosphate, Zinc Citrate, Riboflavin, Copper Gluconate, Manganese Citrate, Acetate, 5-Methyltetrahydrofolate, Potassium Iodide, Biotin, Ammonium Molybdate, Vitamin K1, Selenomethionine, Cholecalciferol from lichen, Chromium Picolinate, Methylcobalamin, Capsule (Vegetable Cellulose)