

DIRECTIONS:

Chew two tablets daily, one in the morning and one in the evening or as directed, as a dietary supplement.

DO NOT USE IF SAFETY SEAL IS BROKEN.

Keep out of reach of small children. Store at room temperature.

‡Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
Celebrate Vitamins 516 Corporate Pkwy
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Celebrate®

Nutritional Supplements

Multi-Complete 36
Chewable (with Iron)

Forest
Berry

Dietary Supplement
60 Tablets

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	15	
Total Carbohydrate	4 g	1%*
Vitamin A (as retinyl palmitate and 50% from beta-carotene)	10,000 IU	200%
Vitamin C (as ascorbic acid)	180 mg	300%
Vitamin D (as cholecalciferol)	3000 IU	750%
Vitamin E (as d-alpha-tocopheryl acetate)	60 IU	200%
Vitamin K (as phytonadione)	120 mcg	150%
Thiamin (as thiamin mononitrate)	12 mg	800%
Riboflavin	12 mg	706%
Niacin (as niacinamide)	40 mg	200%
Vitamin B ₆ (as pyridoxine HCl)	4 mg	200%
Folate (as folic acid)	800 mcg	200%
Vitamin B ₁₂ (as methylcobalamin and cyanocobalamin)	500 mcg	8,333%
Biotin	600 mcg	200%
Pantothenic acid (as D-calcium pantothenate)	20 mg	200%
Iron (as ferrous fumarate)‡	36 mg	200%
Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium citrate and magnesium oxide)	100 mg	25%
Zinc (as zinc amino acid chelate)	30 mg	200%
Selenium (as selenium amino acid chelate)	140 mcg	200%
Copper (as copper citrate)	3 mg	150%
Manganese (as manganese amino acid chelate)	2 mg	100%
Chromium (as chromium amino acid chelate)	200 mcg	167%
Molybdenum (as molybdenum amino acid chelate)	75 mcg	100%

* Percent Daily Values are based on a 2,000 calorie diet.
‡ Daily value not established.

Other ingredients: Sorbitol, mannitol, natural flavors, stearic acid, dried coconut oil complex, citric acid, microcrystalline cellulose, magnesium stearate, silica, sucralose and beet color. **Contains Milk.**

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