Nutrition Facts

Serving Size: 1 bar (48 g) Servings per container: 12

Amount / Serving				
Calories 230	Calories from Fat 150			
	% Daily Value*			
Total Fat 16g	25%			
Saturated Fat 5	g 25%			
Trans Fat 0g				
Cholesterol 0mg	0%			
Sodium 70mg	3%			
Potassium 180mg	5%			
Total Carbohydrate	13g 4%			
Dietary Fiber 6g	24%			
Sugars 3g				
Protein 15g				
Vitamin A	0%			
Vitamin C	0%			
Calcium	0%			
Iron	8%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:				
	alories 2,000 2,500			
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	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2, 400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Calories per gram:

Fat 9 · Carbohydrate 4 · Protein 4

Ingredients: Pumpkin Seeds, Crass-Fed Hydrolyzed Collagen, Hazelnuts, Prebiotic Fiber (From Cassava Root), Almonds, Coconut Flakes, Honey, Natural Flavors, Water, Unsweetened Chocolate, Coconut Oil, Organic Fair-Trade Cocoa Powder, Himalayan Pink Salt, Monk Fruit Extract, Tocopherols, Macadamia Nuts, Cashews

Manufactured on equipment that processes wheat, egg, milk, soy, peanuts and tree nuts.

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CHOCOLATE HAZELNUT BAR















