USAGE: Take 1 capsule 1 or 2 times per day on an empty stomach, immediately after arising in the morning, preferably with juice as a carbohydrate source or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition (especially bipolar or a history of malignant melanoma), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially MAO inhibitors), consult your healthcare professional before using this product.

L-Tyrosine, a constituent of dietary protein, is a substrate or precursor to the catecholamine neurotransmitters norepinephrine, epinephrine and dopamine, the levels of which can be affected by the amount of tyrosine consumed.* Jarrow Formulas® L-Tyrosine contains pure crystalline L-Tyrosine.

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Free Form Amino Acid

L-Tyrosine

Supports Synthesis of Brain Neurotransmitters*

500 100 DIETARY
ILLIGRAMS CAPSULES SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

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	Amount Per Serving	% DV
L-Tyrosine	500 mg	†
† Dailv Value no	ot established.	

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of bovine gelatin.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Store in a cool, dry place.

Distributed Exclusively by:

Jarrow FORMULAS*
Superior Nutrition and Formulations*
Los Angeles, CA 90035-4317

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