Garden of Life

**RAW** 

Energy

Organic

Soul





Suggested Use: Adults mix 1 level scoop in 8 ounces of water or juice one (or more) times daily scoop included). Shake well before each use. Packaged by weight not volume. Settling may

# **Supplement Facts**

Serving Size 1 Level Scoop (9 g) Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 3 g	<1%1
Dietary Fiber 1 g	4%1
Sugars 2 g	+
Sodium 60 mg	2%
Protein 4 g	8% <sup>†</sup>
Vitamin A <sup>2</sup> (as Beta Carotene) 57 IU	1%
Vitamin C <sup>2</sup> 30 mg	50%
Vitamin E* 15 IU	50%
Thiamin <sup>2</sup> .135 mg	10%
Vitamin B6 <sup>2</sup> .108 mg	6%
Vitamin B12* 30 mcg	500%
Calcium <sup>2</sup> 100 mg	10%
Iron <sup>2</sup> 7 mg	40%
Magnesium <sup>2</sup> 45 mg	10%
Chromium* 120 mcg	100%
Potassium <sup>2</sup> 414 mg	12%

## RAW Organic U.S.A. Farmed Green Juice Blend 3.7 g

Organic Barley Grass Juice, Organic Alfalfa Grass Juice, Organic Wheat Grass Juice, Organic Oat Grass Juice, Organic Kamut™ Grass Juice

#### Organic Energy Blend 3.4 q

Organic Pomegranate Fruit and Flavor, RAW Organic Baobab Fruit, Organic Guavaki® Yerba Mate Extract, RAW Organic Maca (root), Organic Cordyceps (mycelium), RAW Organic stevia (leaf)

### RAW Organic Fruit & Veggie Juice Antioxidant Blend 1 g

Organic Parsley (leaf), Organic Amla (berry), Organic Beet (root), Organic Carrot (root), Organic Spinach (leaf), Organic Broccoli (flower & stem), Organic Tomato (fruit), Organic Kale (leaf), Organic Red Cabbage (leaf), Organic Brussels Sprout (leaf), Organic Green Bell Pepper (fruit), Organic Cucumber (gourd), Organic Celery (stalk), Organic Garlic (bulb), Organic Ginger (root), Organic Green Onion (root), Organic Cauliflower (flower & stem), Organic Asparagus (flower & stem), Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit)

#### RAW Organic Sprout Blend 1 g

Organic Flax Meal and Sprout, Organic Amaranth (Sprout and Seed), Organic Quinoa (Sprout and Seed), Organic Millet (Sprout and Seed), Organic Buckwheat (Sprout and Seed), Organic Garbanzo Bean Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Sunflower Seed Sprout, Organic Pumpkin Seed Sprout, Organic Chia (Sprout and Seed), Organic Sesame Seed Sprout

## RAW Probiotic & Enzyme Blend 100 mg

Saccharomyces boulardii (1.5 Billion CFU)

Prohydrolase™ 8,750 PC, Hemicellulase 2,500 HCU, Xylanase 500 XU, Protease 2,500 HUT

Percent Daily Values are based on a 2,000 calorie diet +Daily Value not established

#### Contains 7 mg naturally occurring caffeine per serving

Contains no filler ingredients, artificial colors, flavors, sweeteners or preservatives.

Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Keep out of reach of children.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take nedication on a regular basis or are otherwise under medical supervision

\*To learn more about the RAW Food-Created Nutrients™ used exclusively by Garden of Life, go to www.GardenofLife.com



Perfect Food® Raw Energizer is power-packed with naturally occurring chlorophyll, beta carotene. B vitamins, minerals, protein and amino acids from RAW Organic USA grown grass juices, dark green juices like spinach, parsley and kale, protein-rich sprouts, and juiced-up super antioxidant fruits like RAW Organic blueberries, strawberries, raspberries, and Indian Amla Berries.

# **Amazing Organic Energy Activators:**

- Guayaki® Yerba Mate, traditionally used for centuries to promote immediate energy and long term focus
- RAW Organic Peruvian Maca, harvested by hand, aged and sun dried to perfection, to support energy production as well as healthy, balanced
- RAW Organic Pomegranate Juice and Cordyceps Mushrooms, long prized for providing the sustained energy you need to power through your busy day
- RAW Organic African Baobab, rich in minerals, especially magnesium, to promote the production of ATP—energy on the cellular level<sup>†</sup>

# Perfect Food® RAW Puts the GREEN in Greens—with More Chlorophyll Per Serving

Our CERTIFIED ORGANIC Greens are sustainably grown by our family farmers here in the USA. We harvest before the grain buds (to prevent gluten from forming) and then juice at the farm immediately after harvest. Our juice is gently low temperature dried and powdered onsite locking in its nutritionally dense. organic goodness. The end result is highly bioavailable and many times more concentrated in nutrients, including Chlorophyll, than whole leaf grass powders. putting the GREEN IN YOUR GREENS!

> Vegan • Certified Organic • Dairy Free • Soy Free Live Probiotics and Enzymes • No Whole Grass Fillers No Added Sugars • No Artificial Flavors or Sweeteners No Preservatives

> > For more information visit us at www.PerfectFoodRAW.com

Distributed by Garden of Life LLC 5500 Village Blvd., West Palm Beach, FL 33407 USA Made in the U.S.A. www.gardenoflife.com Certified Organic by QAI

<sup>†</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease



Perfect Food

ENERGIZER RAW Organic Green Super Food

Promotes Instant and Sustained Energy<sup>†</sup>

- Freshly Juiced Greens
- Guayaki<sup>®</sup> Organic Yerba Mate
- RAW Organic Maca, Baobab Fruit, **Pomegranate and Cordyceps**









**Whole Food Dietary Supplement** 



