



Fish Oil Concentrate

Super Omega-3

500 mg EPA & DHA

Gems®

in Fish Gelatin Soft Gels



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health*

180 Soft Gels: 1000 mg

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1532-2b

9.875" x 3.875"

625cc

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

	Amount per serving	% DV
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Vitamin E (as natural d-alpha tocopherol)	10 IU	33%
Norwegian Fish Oil	1000 mg	†
Total Omega-3 Fatty Acids*	600 mg	†
EPA (Eicosapentaenoic Acid)*	300 mg	†
DHA (Docosahexaenoic Acid)*	200 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Soft Gel Shell: Fish gelatin, glycerin, water. Contains fish (anchovy, sardine, tilapia, swai and mackerel).

Directions: Take one soft gel one to five times daily, **at mealtime.**

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For those of us who don't eat a diet high in oily fish, each Super Omega-3 Gems® pescatarian soft gel provides 1,000 mg of fish oil, which contains the important omega-3s EPA and DHA. To ensure maximum freshness, we closely manage our fish oils from sea to store and source the highest quality, deep, cold water fish using traditional, sustainable methods.

✓Gluten-free ✓Cholesterol-free
✓Preservative-free

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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