

health

Organic whole-food cultured vitamins and minerals go beyond just addressing nutrient deficiencies to promote overall health and system-specific benefits.*

A once-daily multivitamin formulated specifically for those seeking only whole-food cultured vitamin and mineral support.

Delivers 23 whole-food cultured vitamins and minerals that provide broad nutritional support and promote vitality.*

Formulated without herbs and spices for those seeking a non-herbal whole-food cultured multivitamin option.

Once-daily formula is easy to take and can be taken anytime—even on an empty stomach!

Whole-Food Cultured

Only One

Complete Multi

Herb & Spice Free

Convenient

GLUTEN FREE

NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES



Herb & Spice FREE

only one MULTIVITAMIN

Whole-Food Cultured Multivitamin with **Multi-Mineral Formula**

Can be taken on an empty stomach



72 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%
Vitamin C (as ascorbic acid from culture media)	60 mg	100%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg	100%
Thiamin (as thiamine hydrochloride from culture media)	5 mg	333%
Riboflavin (from culture media)	5 mg	294%
Niacin (as niacinamide from culture media)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	6 mg	300%
Folate (as folic acid from culture media)	400 mcg	100%
Vitamin B12 (as cyanocobalamin from culture media)	24 mcg	400%
Biotin (from culture media)	300 mcg	100%
Pantothenic Acid (as calcium D-pantothenate from culture media)	20 mg	200%
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	25 mg	3%
Iron (as ferrous fumarate from culture media)	5 mg	28%
Iodine (as potassium iodide from culture media)	75 mcg	50%
Zinc (as zinc oxide from culture media)	5 mg	33%
Selenium (as selenium dioxide from culture media)	25 mcg	36%
Copper (as copper sulfate anhydrous from culture media)	500 mcg	25%
Manganese (as manganese chloride from culture media)	1 mg	50%
Chromium (as chromium chloride from culture media)	100 mcg	83%
Molybdenum (as sodium molybdate from culture media)	10 mcg	13%

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated] and organic safflower oil), organic gum acacia, silicon dioxide, lac resin, magnesium oxide and carnauba wax.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*.)

[†] The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

Gluten free; 100% vegetarian; no artificial flavors or colors.

holistic

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements, They're *Supplemental Food*™

PROBIOTIC-CULTURED Fermented with Beneficial Live Probiotics

NON-GMO PROJECT VERIFIED Made with Organic Vegetables

WHOLE-FOOD COMPLEXED Can Be Taken on an Empty Stomach

Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.



Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product. **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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