

**"Feel your best with Alive!<sup>®</sup>  
Whole Food Energizer™"**

**More Energizing Nutrients** from more natural sources than other supplements.



Daily Essentials

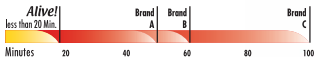


Botanical Energizers



System Defenders

**#1 Absorption.** Alive! nutrients are better absorbed into your blood stream because its tablets disintegrate up to 5X faster than other leading brands.



**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Do not take with sulfonamide since PABA interferes with the activity of this drug. Women who are pregnant or likely to become pregnant should not exceed recommended dosage.

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CODE: 14927



DIETARY SUPPLEMENT

# Alive!<sup>®</sup>

## Whole Food Energizer™

### Multi-Vitamin

**90 TABLETS**

**#1  
MEGA  
NUTRIENT**

**with Vitamins - Minerals**  
Fruits - Vegetables - Bioflavonoids - Enzymes  
Amino Acids - Green Foods - Herbs - EFAs - Mushrooms

**Recommended Dose:** Take three (3) tablets daily.

## Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

Amount Per Serving	% DV	Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	5	Molybdenum	75 mcg 100%	Myco Defense <sup>®</sup> Mushroom Blend: 100 mg	**
Total Carbohydrate	1 g < 1%†	(as molybdenum tritrate)		Cordyceps Mushroom; Reishi Mushroom;	
Vitamin A	15,000 IU 300%	Sodium	15 mg 1%	Shiitake Mushroom; Hiratake Mushroom;	
(33% [5,000 IU] as retinol palmitate and 67% [10,000 IU] as beta carotene) Providing (typical analysis): beta carotene 5,625 mcg, gamma carotene 5.6 mcg, trans beta carotene 5.4 mcg, beta zea carotene 1.1 mcg		Potassium (as amino acid chelate)/50 mg	1%	Maitake Mushroom; Yamabushitake Mushroom;	
Vitamin C (ascorbic acid)	1 g 1667%	Green Food/Spirulina Blend:	500 mg **	Himematsutake Mushroom; Kawaratake Mushroom;	
Vitamin D (as ergocalciferol)	400 IU 100%	Spirulina (microalgae); Alfalfa (leaf, stem); Barley		Chaga Mushroom; Zhu Ling Mushroom;	
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%	Grass (grass); Dandelion (leaf); Wheat Grass (grass);		Agarikon Mushroom; Mesima Mushroom	
Vitamin K (as phytonadione)	80 mcg 100%	Meiessa (leaf); Lemon Grass (grass);		Digestive Enzyme Blend:	100 mg **
Thiamin (as thiamin mononitrate)	25 mg 1667%	Nettle (leaf); Blessed Thistle (stem, leaf, flower);		Concentrated Enzyme formula:	
Riboflavin (Vitamin B2)	25 mg 1471%	Chlorella (broken-cell microalgae); Plantain (leaf);		(Protease I, Protease II, Peptizyme SP, Amaylase,	
Niacin (as niacinamide)	125 mg 625%	Blue Green Algae (microalgae); Cilantro (leaf)		Lactase, Invertase, Lipase, Cellulase, Alpha	
Vitamin B6 (as pyridoxine HCl/ pyridoxal 5-phosphate)	50 mg 2500%	Amino Acids:	225 mg **	Galactosidase); Betaine HCl; Bromelain (from	
Folic Acid	400 mcg 100%	(from Spirulina, Zinc AAC, Chlorella, Blue		pineapple); Papain (from papaya)	
Vitamin B12 (as cyanocobalamin)	200 mcg 3333%	Green Algae, Boron AAC) (Glutamine, Asparagine,		Omega Fatty Acid Blend:	100 mg **
Biotin (as biotin tritrate)	300 mcg 100%	Leucine, Alanine, Arginine, Lysine, Threonine,		Flax Seed Powder (dry, cold pressed), Sunflower	
Pantothenic Acid (as d-calcium pantothenate)	125 mg 1250%	Valine, Glycine, Isoleucine, Serine, Proline,		Seed Powder (dry, cold pressed) (providing Alpha-	
Calcium (as citrate/carbonate)	250 mg 25%	Phenylalanine, Tyrosine, Histidine, Methionine,		Linolenic Acid, Oleic Acid, Linoleic Acid, Palmitic	
Iron (as amino acid chelate)	18 mg 100%	Tryptophan, Cysteine)		Acid, Stearic Acid, Behenic Acid, Gadoleic Acid,	
Iodine (from pacific kelp powder)	150 mcg 100%	Garden Veggies™ Blend:	100 mg **	Palmitoleic Acid, Eicosanoic Acid, Lignoceric Acid)	
Magnesium (as citrate/oxide)	125 mg 31%	Parsley Juice Powder; Kale Juice Powder;		Citrus Bioflavonoid Complex (from lemon, orange,	
Zinc (as amino acid chelate)	15 mg 100%	Spinach Juice Powder; Wheat Grass Juice		grapefruit, lime and tangerine) 60 mg **;	
Selenium (as L-selenomethionine)	70 mcg 100%	Powder; Brussels Sprout Juice Powder;		Siberian Eleuthero (root) 50 mg**;	
Copper (as amino acid chelate)	2 mg 100%	Asparagus Juice Powder; Broccoli Juice Powder;		Inositol 50 mg**;	
Manganese (as amino acid chelate)	4 mg 200%	Cauliflower Juice Powder; Beet Juice Powder;		Choline (as choline bitartrate) 30 mg**;	
Chromium (as polynicotinate)	120 mcg 100%	Carrot Juice Powder; Cabbage Juice Powder;		(para amino-benzoic acid) 25 mg**;	
		Garlic Juice Powder		Rutin 25 mg**;	
		Orchard Fruits™ Blend:	100 mg **	DNA (from spirulina, chlorella) 14 mg**;	
		Plum Juice Powder; Cranberry Juice Powder;		DNA (from spirulina, chlorella) 4 mg**;	
		Blueberry Juice Powder; Strawberry Juice Powder;		Chlorophyll (from spirulina) 4 mg**;	
		Blackberry Juice Powder; Bilberry Juice Powder;		Hesperidin (from citrus bioflavonoid	
		Cherry Juice Powder; Apricot Juice Powder;		complex) 2 mg**;	
		Papaya Juice Powder; Orange Juice Powder;		Boron (as amino acid chelate)	
		Grape Juice Powder; Pineapple Juice Powder		1 mg**;	
				Lutein (from marigold) 200 mcg**	

† Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) not established.

Other ingredients: Vegetable modified cellulose, Vegetable modified cellulose gum, Vegetable stearic acid, Silica, Vegetable magnesium stearate, Vegetable cellulose, Chlorophyll