

Amount Per Serving	% DV
Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass, Nettle (leaf), Plantain (leaf), Wheat Grass	
Orchard Fruits™ / Garden Veggies™ Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Açai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend	100 mg **
Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	
Digestive Enzyme Blend	100 mg **
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Energy & Endurance Blend	100 mg **
Siberian Eleuthero (<i>Eleutherococcus senticosus</i>) (root), Rhodiola Rosea Extract (root) standardized to 3% rosavins (0.45 mg) and 1% salidroside (0.15 mg), Korean Ginseng Extract (root), Gotu Kola (stem, leaf)	
Men's Blend	100 mg **
Saw Palmetto (berry), Tomato Extract (fruit) providing 2 mg of lycopene	
Organic Mushroom Mycelium Defense Blend	100 mg **
Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flemmulina velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kawaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Citrus Bioflavonoid Complex	30 mg **
(from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Rutin (<i>Sophora japonica</i>) flower bud extract	25 mg **
Lutein (from marigold)	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: vegetable cellulose, vegetable modified cellulose, vegetable stearic acid, vegetable modified cellulose gum, vegetable magnesium stearate, silica, vegetable glycerin

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Questions? 1-800-9NATURE / naturesway.com.

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GLUTEN FREE. No sugar, yeast, wheat, soy, artificial colors, flavors or preservatives.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

MAX Potency 3x Daily

The most potent, nutrient diverse Alive!® Men's multi-vitamin with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Men's blend • Energy & Endurance** blend
- **Cardio blend • Digestive Enzyme** blend
- **Mushroom Mycelium Defense** blend
- **Citrus Bioflavonoid** complex

MAX B-Vitamins

to help convert food into energy*



Balanced for Men

to help support multiple body systems:



Bones*



Cells*



Digestion*



Eyes*



Heart*



Immunity*



Metabolism*



Muscles*

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Premium
Formula



Alive!

Max³ Daily

Men's MAX POTENCY

MULTI-VITAMIN
Orchard Fruits™ / Garden Veggies™
& Daily Greens™ powder (600 mg),
Enzymes, Bioflavonoids, EFAs

90 TABLETS • MULTI-VITAMIN SUPPLEMENT

Recommendation: Take 3 tablets daily, preferably with food. Not formulated for women or children. If you have high blood pressure, have a kidney disorder or taking medications for diabetes, or any other medications, consult a healthcare professional before use. Contains the amino acid phenylalanine. Do not exceed recommended use.

Supplement Facts

Serving Size 3 Tablets / Servings Per Container 30

Amount Per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Dietary Fiber	<1 g 4%†
Vitamin A (70% [7,000 IU] as beta carotene, 30% [3,000 IU] as retinyl acetate)	10,000 IU 200%
Vitamin C (ascorbic acid)	300 mg 500%
Vitamin D3 (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU 400%
Vitamin K1 (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	50 mg 3,333%
Riboflavin (Vitamin B2)	50 mg 2,941%
Niacin (as niacinamide)	100 mg 500%
Vitamin B6 (as pyridoxine HCl/pyridoxal 5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	500 mcg 8,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnion sp.</i> [whole plant])	250 mg 25%
Iodine (as potassium iodide and from kelp powder)	150 mcg 100%
Magnesium (as magnesium oxide, magnesium citrate and from Aquamin® calcified mineral source Red Algae <i>Lithothamnion sp.</i> [whole plant])	125 mg 31%
Zinc (as zinc gluconate)	30 mg 200%
Selenium (as L-selenomethionine)	250 mcg 357%
Copper (as copper bisglycinate chelate)	4 mg 200%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	15 mg <1%
Potassium (as potassium citrate)	50 mg 1%

Daily Greens™ Blend providing Amino Acids 400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (*Aphanizomenon flos-aquae*).