Promotes Heart, Brain, Vision and Joint Health*
90 Soft Gels: 1250 mg

1711-1f 8.9375" x 3.5" 400cc

Carlson. Specializing in the finest Norwegian fish oils since 1982

Supplement Facts

Serving Size 1 Soft Gel

Amount Pe	r Soft	Gel	% DV
Calories	15		
Calories from Fat	15		
Total Fat	1.5	g	2%**
Vitamin E (as natural d-alpha tocopherol)	10	IU	33%
Norwegian Fish Oil	1,250	ma	+
Not wegian i isii on	1,230	1119	
Omega-3 Fatty Acids*	800		†
		mg	†
Omega-3 Fatty Acids*	800	mg mg	† †

^{**} Percent Daily Values are based on a 2,000 calorie diet. † Daily Value (DV) not established. *Reported as ethyl ester.

Other Ingredients: Natural tocopherols, natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, mackerel, jack, pompano).

Directions: Take one soft gel one to five times daily, **at mealtime**.

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600
www.carlsonlabs.com • An FDA Regulated Facility

Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated Omega-3s EPA and DHA.

For those individuals who do not eat an oily fish diet, Carlson offers Omega-3s in easy-to-swallow soft gelatin capsules. Carlson Elite Omega-3 Gems® soft gels contain 1250 mg of a special concentrate of fish body oils from deep, cold water fish.

✓ Gluten-free ✓ Sugar-free ✓ Preservative-free

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



