

Omega 3 950 mg is Solgar's highest concentration of the natural Omega 3 polyunsaturates EPA and DHA from cold-water fish. This formulation supports cardiovascular, joint and skin health.* It is molecularly distilled to remove mercury.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:
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TRIPLE STRENGTH

OMEGA 3
950 MG
EPA & DHA

HEART HEALTHY*
PURIFIED TO ELIMINATE MERCURY

Non-GMO
GLUTEN, WHEAT & DAIRY FREE

100 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		%DV
Calories	15	
Total Fat	1.5 g	2%**
Cholesterol	5 mg	2%
Total Omega 3 Polyunsaturates†	950 mg	***
providing:		
EPA (eicosapentaenoic acid)	504 mg	***
DHA (docosahexaenoic acid)	378 mg	***

**Percent Daily Values (DV) are based on a 2,000 calorie diet
***Daily Value (DV) not established

Ingredients: Fish Oil, Gelatin, Vegetable Glycerin, Natural Mixed Tocopherols.

Contains fish (anchovy, herring, mackerel, sardine).

† As Ethyl Esters

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel twice daily, preferably with a meal or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

