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product info

Read the entire label and follow the directions carefully prior to use.

**DIRECTIONS:** Take two (2) capsules twice daily 15 minutes before meals. Best if taken before meals containing carbohydrates or starches, or as recommended by a healthcare practitioner.

**CAUTION:** If you are taking blood glucose lowering medication, consult with your healthcare provider before taking this product.

<sup>†</sup>This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

Store tightly closed in a cool, dry place.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Integra-Lean® Irvingia is protected by U.S. Patent No. 7,537,790. Other patents pending. IG0B-131® proprietary extract is a registered trademark of Gateway Health Alliances, Inc. InSea<sup>20</sup> is a trademark of innoVactiv™. Phase<sup>3</sup> and Phase<sup>2</sup> are used under license.



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# LifeExtension®

## Optimized African Mango Irvingia with Phase 3™ Calorie Control Complex



### Supports Weight Management and Metabolic Wellness\*<sup>†</sup>

Dietary  
Supplement



120 Vegetarian  
Capsules

### Supplement Facts

Serving Size 2 Vegetarian Capsules • Servings Per Container: 60

Amount Per Serving	% Daily Value	
Iodine (typical value naturally occurring from kelp and bladderwrack)	25 mcg	17%
Chromium (as Chromium GlycoProtein Matrix)	100 mcg	83%
Integra-Lean® African Mango ( <i>Irvingia gabonensis</i> ) proprietary extract (seed)	150 mg	**
<b>Calorie Control Complex providing:</b> InSea <sup>20</sup> [proprietary composition of demineralized polyphenols from brown seaweeds kelp and bladderwrack]	125 mg	**
<b>TeaSlender™ Green Tea Phytosome</b> Green Tea Phytosome decaffeinated extract (leaf) containing standardized green tea extract bound to phosphatidylcholine (from lecithin)	150 mg	**
<b>Phase 2®</b> white kidney (bean) extract	445 mg	**
<b>Phase 3™</b> Sucrase Inhibitor L-Arabinose and Chromium GlycoProtein Matrix (supplying 475 mg L-arabinose and 100 mcg chromium in a food bound state)	550 mg	**

\*\*Daily Value not established.

**Other ingredients:** vegetable cellulose (capsule), stearic acid, silica, vegetable stearate.

Contains soybeans.

Manufactured for:  
Quality Supplements and Vitamins, Inc.  
Ft. Lauderdale, FL 33309

info@lifeextension.com • www.lef.org

To report a serious adverse event or obtain product information, contact 1-866-280-2852.