

Scan for
product info

Read the entire label and follow the directions carefully prior to use.
DIRECTIONS: Take one (1) softgel once or twice daily with food, or as recommended by a healthcare practitioner.

CAUTION: If you are taking anti-coagulant or anti-platelet medications, or have a bleeding disorder, consult your healthcare provider before taking this product.

Store tightly closed in a cool, dry place.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q02075A



LifeExtension®

Gamma E Mixed Tocopherols



Enhanced with Sesame Lignans

Dietary
Supplement

60 Softgels

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value	
Vitamin E (as D-alpha tocopherol)	45 IU	150%
Gamma E mixed tocopherols [^]	360 mg	**
Sesame seed lignan extract	20 mg	**

** Daily Value not established.

Other ingredients: gelatin, glycerin, sunflower oil, purified water, silica, carob color, rosemary extract.

Non-GMO

Manufactured for:
Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

[^]Typical distribution: gamma tocopherol 178-244 mg;
delta tocopherol 65-98 mg;
alpha tocopherol 27-39 mg; beta tocopherol <16 mg