



Vitamin

A

10,000 IU

DIETARY SUPPLEMENT

Supports Healthy Skin, Vision, Bones & Immune System*

100 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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4.6875" x 1.6875"

60cc

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin A (as/from fish liver oil and retinyl palmitate)	10,000 IU	200%

Other Ingredients: Safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod, pollock, haddock).

WARNING: Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

Directions: Adults take one soft gel daily **at mealtime**. Do not take if you are pregnant or planning to become pregnant.

**POTENCY & QUALITY
GUARANTEED**



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