

15"

**KetoLogic™ Meal Replacement** is a convenient fuel source for those on a low-carb or ketogenic diet.

1. Replace one meal a day with **KetoLogic™ Meal Replacement**.
2. Eat two **low-carb** meals a day.
3. Drink **KetoLogic™ BHB** during afternoon energy "slumps," or to help fuel physical and mental performance.
4. Get moving!

**KetoLogic™ Meal Replacement** is anchored with Coconut Oil and Medium Chain Triglycerides (MCTs), which the body converts to ketones. Ketones are a superior fuel that are efficiently used by muscles and the brain, generating more energy (ATP) per unit of oxygen consumed than carbs or protein.

Fuel Your Best™ with **KetoLogic™ Meal Replacement**.

**RECOMMENDED USE:** Foods high in MCTs may cause gastrointestinal (GI) discomfort. Begin by taking ½ scoop until personal tolerance is reached.

Mix 1 scoop with 6 - 8 oz. of water (adjust for taste preference). Shake well and consume slowly.

\*\*For best results, use with a low-carb or ketogenic diet and an exercise program.

**STORE IN A COOL DRY PLACE**

KETOLOGIC™ and FUEL YOUR BEST™ are trademarks of KetoLogic, LLC. Patent Pending

[KetoLogic.com](http://KetoLogic.com)

**KETOLOGIC™**  
FUEL YOUR BEST™



**KETO MEAL**

boosts metabolism  
supports ketone production  
promotes fat loss\*\*

NO ARTIFICIAL SWEETENERS  
OR FLAVORS

**VANILLA**

POWDER | NATURAL FLAVORS | 20 SERVINGS | NET WT 21.2 OZ (600 g)



**Nutrition Facts**

Servings Per Container: 20  
**Serving Size: 1 Scoop (30g)**

Amount Per Serving  
**Calories 170**

	%Daily Value*
<b>Total Fat</b> 13g	17%
Saturated Fat 13g	65%
Trans Fat 0g	
<b>Cholesterol</b> 15mg	5%
<b>Sodium</b> 180mg	8%
<b>Total Carbohydrate</b> 6g	2%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%

	%Daily Value*
<b>Protein</b> 7g	
Vitamin D 6mcg	30%
Calcium 128mg	10%
Iron 0g	0%
Potassium 128mg	2%
Vitamin A 271mcg	30%
Vitamin C 28mg	30%
Vitamin E 3mg	20%
Thiamin 0.4mg	30%
Riboflavin 0.5mg	35%
Niacin 5mg	30%
Vitamin B <sub>6</sub> 0.5mg	30%
Folate 120mcg DFE	30%
Vitamin B <sub>12</sub> 0.9mcg	35%
Biotin 9mcg	30%
Pantothenic Acid 2mg	40%
Phosphorus 100mg	8%
Iodine 62mcg	40%
Magnesium 136mg	30%
Zinc 4mg	35%
Copper 0.3mg	30%
Chloride 120mg	4%

\*The % Daily Values tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Ingredients:** MCT Oil Creamer (Medium Chain Triglycerides, Nontat Dry Milk, Disodium Phosphate, Silicon Dioxide), Grass-Fed Whey Protein Concentrate (Whey Protein, Sunflower Lecithin), Coconut Oil Creamer (Coconut Oil, Inulin, Sodium Caseinate, Mono & Diglycerides, Dipotassium Phosphate), Milk Protein Isolate, Natural Flavors, Magnesium Oxide, Xanthan Gum, Sodium Chloride, Calcium Carbonate, Stevia Extract, Ascorbic Acid, D-Alpha-Tocopherol Acetate, Copper Gluconate, Niacinamide, Zinc Oxide, Cholecalciferol, Lactase, Calcium Pantothenate, Biotin, Vitamin A Acetate, Potassium Iodide, Pyridoxine HCL, Thiamine Mononitrate, Riboflavin, Folic Acid, Cyanocobalamin

**CONTAINS: MILK/DAIRY**

**Allergen Warning:** Manufactured on equipment which processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanut flavor.

Manufactured for KetoLogic, 1452 Industry Drive, Burlington, NC 27215

R2.0-2017



†Net Carbs = Total Carbs - Fiber  
**13g\*** FAT  
**7g\*** PROTEIN  
**4g\*†** NET CARBS  
\*PER SERVING

5.125"