

MAX Potency 3x Daily

The most potent, nutrient diverse Alive!® tablet multi with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** blend
- **Cardio blend** • **Digestive Enzyme** blend
- **Omega 3/6/9 Fatty Acid** seed blend
- **Mushroom Mycelium Defense** blend
- **Citrus Bioflavonoid** complex



MAX B-Vitamins

to help convert food into energy*



Whole Body Nutrition

to help support bones, cells, heart, digestion, eyes, hair/skin/nails, immunity & metabolism.*

GLUTEN FREE. No sugar, yeast, wheat, soy, artificial colors, flavors or preservatives. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Premium
Formula

Nature's
Way

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

ENERGIZER™ with Food Based blends
Orchard Fruits™ / Garden Veggies™ & Daily Greens™
powder (600 mg), Enzymes, Bioflavonoids, EFAs

180 TABLETS • Multi-Vitamin Supplement

Recommendation: Take 3 tablets daily, preferably with food. If pregnant, nursing or taking any medications or having high blood pressure, consult a healthcare professional before use. Contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended use.

Supplement Facts

Serving Size 3 Tablets / Servings Per Container 60

Amount Per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Dietary Fiber	<1 g 3%†
Vitamin A (67% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin D3 (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K1 (as phytonadione)	80 mcg 100%
Thiamin (as thiamin mononitrate)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl pyridoxal 5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as carbonate/citrate)	237 mg 24%
Iron (as ferrous bisglycinate chelate)	18 mg 100%
Iodine (as potassium iodide and from kelp powder)	153 mcg 102%
Magnesium (as magnesium oxide/citrate)	125 mg 31%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	5 mg <1%
Potassium (as potassium citrate)	50 mg 1%
Daily Greens™ Blend providing Amino Acids	400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (Aphanizomenon	

Amount Per Serving % DV

<i>(ios-aquae)</i> , Chlorella, Cilantro (leaf), Dandelion (leaf), Lemon Balm (leaf), Lemon Grass, Nettle (leaf), Plantain (leaf), Wheat Grass	
Orchard Fruits™ / Garden Veggies™ Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Tart Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend	100 mg **
Hawthorn (berry), Japanese Knotweed (root) standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone)	
Digestive Enzyme Blend	100 mg **
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Peptidase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Omega 3/6/9 Fatty Acid Seed Blend	100 mg **
Flax Seed Powder, Sunflower Seed Powder	
Organic Mushroom Mycelium Defense Blend	100 mg **
Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster Hiratake (<i>Pleurotus ostreatus</i>), Enokitake (<i>Flammulina velutipes</i>), Maitake (<i>Grifola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis/blazei</i>), Kawaratake (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Grifola umbellata</i>)	
Citrus Bioflavonoid Complex	60 mg **
(from orange, grapefruit, lemon, lime, tangerine) providing Hesperidin, Naringin, Narirutin, Eriocitrin, Flavonols and Flavones	
Inositol	50 mg **
Siberian Eleuthero (<i>Eleutherococcus senticosus</i>) (root)	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (<i>Sophora japonica</i>) flower bud extract	25 mg **
Lutein (from marigold)	500 mcg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: vegetable cellulose, vegetable stearic acid, vegetable modified cellulose gum, vegetable modified cellulose, silica, vegetable magnesium stearate, vegetable glycerin

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Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.