

Serving Size: 5 g (1 heaping teaspoon) Servings Per Container: 200

Amount Per Serving

Creatine Monohydrate 5000 mg

* Daily Value not established.

SUGGESTED USE:

As a dietary supplement, add 1 heaping teaspoonful daily to cold water or your favorite beverage.

While using a creatine supplement, be sure to consume ample amounts of water (ideally 120 oz a day) to avoid dehydration.

XThese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.









DYMATIZE® Creatine Monohydrate has always been processed to an extra fine 180 microns ensuring proper dispersion.X

DYMATIZE® Creatine Monohydrate is manufactured using only the most advanced techniques and conforms to the strict International Molecular Formula:

C₄H₉N₃O₂H₂O



DO NOT USE IF PREGNANT OR LACTATING. KEEP OUT OF THE REACH OF CHILDREN. Consult a physician prior to use if you have any medical conditions. Use only as directed.

BUILDING BETTER BODIES® DYMATIZE.COM

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