SUGGESTED USE:

Mix each serving (1 scoop) of Alpha Amino™ in 8-12 fl. oz. of cold water, juice or sports drink one to two times daily. For enhanced performance on training days, take two servings before and after training. See chart below for usage occasions and benefits. DO NOT EXCEED 4 SERVINGS PER DAY.

Usage Occasion	Servings	Benefits*
Before/During Training	1 - 4	Replenishes Electrolytes to Support Hydration. Helps Decrease Muscle Breakdown (Catabolism).
Post Training	1 - 4	Supports Muscle Protein Synthesis, Lean Muscle, Muscle Recovery and Repair.
Non-Training Days	1 - 2	Replenishes Electrolytes to Support Hydration.

WARNING:

THIS PRODUCT IS ONLY INTENDED TO BE CONSUMED BY HEALTHY ADULTS, 18 YEARS OF AGE OR OLDER. Do not use this product if you are pregnant or nursing. Before using this product, consult a licensed, qualified, health care professional. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product. Discontinue use 2 weeks prior to surgery. Do not exceed recommendations for Suggested Use. Use only as directed. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place to reduce risk of clumping.

PHENYLKETONURICS: CONTAINS PHENYLALANINE.

NOTE: Alpha Amino™ does not contain aspartame. The phenylketonurics notice is intended for people with the genetic disorder, phenylketonuria.

This product is sold by weight, not volume. Some settling of powder may occur during shipping and handling, which may affect density of powder. This product contains the servings indicated when measured exactly by weight.

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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CELLUCOR®

ALPHA AMINO™

PERFORMANCE BCAAs* 10g PER 2 SCOOPS

HYDRATION* • RECOVERY* • 0g SUGAR

WATERMELON
NATURALLY & ARTIFICIALLY FLAVORED

DIETARY SUPPLEMENT

NET WT 635g (22.3 oz)

50 SERVINGS

MANUFACTURED IN A GMP COMPLIANT FACILITY

G4 CHROME SERIES®

SUPPLEMENT FACTS

Serving Size: 1 scoop (12.7g)
Servings Per Container: 50

	Amount Per Serving	% DV
Phosphorus (as Dipotassium Phosphate, Disodium Phosphate, Dimagnesium Phosphate)	65mg	7%
Magnesium (as Dimagnesium Phosphate)	13mg	3%
Sodium (as Disodium Phosphate)	30mg	1%
Potassium (as Dipotassium Phosphate)	70mg	2%
Instantized BCAA 2:1:1 Blend Instantized L-Leucine, Instantized L-Isoleucine, Instantized L-Valine	5000mg	†
Essential Performance Amino Acid Complex Micronized L-Glutamine, Micronized Taurine, Micronized L-Alanine, Micronized L-Citrulline, Micronized L-Arginine, Micronized L-Lysine HCl, Micronized L-Phenylalanine, Micronized L-Threonine, Micronized L-Methionine, Micronized L-Tyrosine, Micronized Histidine	3750mg	†
Alpha Amino™ Hydration Blend BetaPower® Betaine Anhydrous (1250mg), Coconut (*Cocos nucifera*) water powder, Dipotassium Phosphate, Disodium Phosphate, Dimagnesium Phosphate	1750mg	†

†Daily Value (%DV) not established.

Other Ingredients: Natural & Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame Potassium, Sunflower Lecithin, FD&C Red #40.
ALLERGEN WARNING: Contains Tree Nuts (Coconut).

Made in the U.S.A. using U.S. and Imported Ingredients and Components.

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