

SOURCE NATURALS®

**BIO
ALIGN®**



DIETARY SUPPLEMENT

NIGHTREST™

WITH MELATONIN

MULTI-NUTRIENT & HERB COMPLEX

100 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 50

	Amount Per Serving	%DV
Calories	5	
Magnesium (as magnesium chelate)	300 mg	75%
Sodium	5 mg	<1%
GABA (<i>gamma</i> -aminobutyric acid)	500 mg	†
Taurine	300 mg	†
Glycine	250 mg	†
Passionflower Aerial Parts	200 mg	†
Chamomile Flower Extract	100 mg	†
Skullcap Aerial Parts	70 mg	†
Lemon Balm Aerial Parts Extract	60 mg	†
Melatonin	5 mg	†

†Daily Value not established.

Other ingredients: stearic acid, modified cellulose gum, dibasic calcium phosphate, acacia gum, silica, and magnesium stearate.

NIGHTREST™ combines the powerful properties of melatonin and GABA with key amino acids and soothing herbs. This uniquely comprehensive combination utilizes cutting edge technology and traditional herbalism to create a potent and relaxing nighttime formula.*

Suggested Use: 1 to 2 tablets as desired 30 to 60 minutes before going to sleep. Do not exceed directed use.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult with your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0358 REV L141-A

Manufactured for:
© SOURCE NATURALS, INC.
P.O. BOX 2118
SANTA CRUZ, CA 95062
www.sourcenaturals.com



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