

**Suggested Usage:** Take 1 capsule 1 to 2 times daily as needed, preferably with juice or water on an empty stomach.

GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain.\* GABA is naturally produced in the body and its presence within the central nervous system may help promote relaxation and ease nervous tension.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet.  
Keep in Bottle.

Natural color variation may occur  
in this product.

CODE 0089 v3



CAPSULE SIZE



# GABA

## 750 mg

Neurotransmitter Support\*

Gamma-Aminobutyric Acid

100 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

GABA (Gamma-Aminobutyric Acid)	750 mg*
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\* Daily Value not established.

Other ingredients: Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108, USA [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

Please Recycle.

