



Professional Strength

# Elite Omega-3

800 mg Omega-3s

Gems®



Natural  
Lemon  
Flavor



DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health\*

240 Soft Gels: 1250 mg

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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10.75" x 4.20"

750cc

*Carlson.* Specializing in the finest Norwegian fish oils since 1982

## Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% DV
Calories	15	
Calories from Fat	15	
Total Fat	1.5 g	2%**
Vitamin E (as natural d-alpha tocopherol)	10 IU	33%
Norwegian Fish Oil	1,250 mg	†
Omega-3 Fatty Acids*	800 mg	†
EPA (Eicosapentaenoic Acid)*	400 mg	†
DHA (Docosahexaenoic Acid)*	300 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. \*Reported as ethyl ester.

Other Ingredients: Natural tocopherols, natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy, sardine, mackerel, jack, pompano).

**Directions:** Take one soft gel one to five times daily, **at mealtime.**

Dist. by Carlson Division of J.R. Carlson Laboratories, Inc.  
Arlington Heights, IL 60004 • 888-234-5656 • 847-255-1600  
www.carlsonlabs.com • **An FDA Regulated Facility**

Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated Omega-3s EPA and DHA.

For those individuals who do not eat an oily fish diet, Carlson offers Omega-3s in easy-to-swallow soft gelatin capsules. Carlson Elite Omega-3 Gems® soft gels contain 1250 mg of a special concentrate of fish body oils from deep, cold water fish.

✓ **Gluten-free** ✓ **Sugar-free**  
✓ **Preservative-free**

**PURITY GUARANTEED**

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCS international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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