

Pharmaceutical Grade • Distilled for Purity

NORDIC



NATURALS®



Great lemon
taste!



OMEGA-3

PURIFIED FISH OIL

Superior Triglyceride Form

Purified Fish Oil for Heart, Brain, and Eye Health
and Immune Support*

Dietary Supplement • 60 Soft Gels • 1000 mg

Supplement Facts

Serving Size: 2 Soft Gels

Servings per container: 30

Amount Per Serving	% Daily Value*	
Calories	18	
Calories from fat	18	
Total Fat	2.0 g	3%
Saturated Fat	0.6 g	3%
Trans Fat	0 g	†
Total Omega-3s	690 mg	†
EPA (Eicosapentaenoic Acid)	330 mg	†
DHA (Docosahexaenoic Acid)	220 mg	†
Other Omega-3s	140 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.
Less than 5 mg of Cholesterol per serving.

Ingredients: purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, water, glycerin, natural lemon flavor), natural lemon flavor, d-alpha tocopherol, rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors. Non-GMO.

Please ♻️ this container

Rev. C-01

Each serving of Nordic Naturals Omega-3 delivers 690 mg of omega-3 fatty acids, generously fulfilling the expert-recommended dose of 500 mg per day. Omega-3s are essential for good nutrition and overall wellness.* Since the body cannot produce these fats, they must be consumed through diet or supplementation.

Every batch of Nordic Naturals fish oils is third-party tested for environmental toxins, including heavy metals, dioxins, and PCBs. All fish oils used in Nordic Naturals products surpass the strictest international standards for purity and freshness. Certificates of Analysis are available upon request.

Suggested Use: Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Warning: Consult with your physician before using this product if you are allergic to iodine, use blood thinners, or anticipate surgery.

Keep out of the reach of children

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Fish oil processed in Norway.
Distributed from the U.S. by:
NORDIC NATURALS, INC.
Watsonville, CA 95076

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