

Turmeric Root

While well-recognized as a culinary spice, turmeric (*Curcuma longa*), a relative of ginger, also has a long history of use in China and India. Known for its many beneficial properties, turmeric has been traditionally used to alleviate temporary discomfort.*

Alvita Turmeric Tea is made with premium-quality, organic turmeric root, and produces a vibrant golden color and a warm, slightly smoky flavor.

Supplement Facts

Serving Size: 1 tea bag

Amount Per Serving	% DV
Organic Turmeric (root)	1.5g †

† Daily Value not established.

WARNING: Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. **KEEP OUT OF REACH OF CHILDREN.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by:
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Certified Organic by QAI. Certified Gluten-Free by NSF.

ORGANIC

ALVITA®

Since 1922

Turmeric Root

Herbal Supplement

Traditionally used to alleviate temporary discomfort*



24 Tea Bags
NET WT 1.27 OZ (36g)



Preparation

Place one tea bag in a cup and add 8 oz of boiling water. Cover and steep for 10 minutes. Gently squeeze tea bag and remove.

Directions for use:

We recommend 3 cups daily, preferably after or between meals.

- Add sweetener if desired
- Naturally caffeine free

HOW TO BREW

Pour	Temp.	Steep
8 oz	212° F	10 min
1	2	3

The Alvita Story...

In 1922, a new era for tea consumption began in America. The herb alfalfa, long known for its beneficial nutrients, was packaged in tea bags and sold to an emerging health food market. This product became known as Alvita and set the standard for future herbal teas. Today, Alvita represents more than forty single-ingredient teas, each one uniquely distinct, just like the individuals who drink them.

Alvita chooses only the highest quality organic, wild-crafted, or cultivated botanicals, perfectly prepared to provide you with the best Mother Nature has to offer. Historical and scientific literature is painstakingly studied to ensure that the correct traditional plant and most appropriate servings are used, delivering premium flavor and quality.

Herbs are gifts from the earth. Alvita takes its stewardship seriously by offering carefully harvested teas in earth-friendly packaging. Our beautifully illustrated boxes are made using recycled paperboard and our English, pillow style tea bags are oxygen bleached, not chlorine treated. You won't find a better product, with a cleaner package... anywhere.

*Alvita... brewed with confidence,
steeped in tradition.*

