TASTY WHEY, EVERY DAY!

WE THOUGHT OUTSIDE THE GLASS!

You spoke, we listened. You want a 100% pure whey protein in a glass without any cheap hidden fillers. You want to feel fuller longer. You want a full-bodied smooth and creamy sensation. You want it to mix easier, quicker ("No clumps, please!").

You also wanted what seems like the impossible: a protein drink in a glass that burns calories at the same time—while at the same time it "has an awesome taste!"

So how did we do it? For years we worked overtime and double time in thinking outside the glass. And then it hit us: **Use a special blend of coconut powders, 100% premium whey protein, and natural *calorie-burning fats*—that also doubles as a creamer—no casein, no albumin, no blends...just whey!**

We didn't call this "Tasty Whey" for nothing.

Simple. Logical. Perhaps a bit radical? Yet very few are doing it quite like the *whey* we are doing it now.

AVAILABLE IN THESE TASTY FLAVORS

GO WILD! GO CRAZY! GO TASTY!

PERFECT PROTEIN PUDDING

If you're looking for new ways to get in quality protein without the cooking and cleaning, here's a perfect protein pudding recipe that has more protein than 3 large eggs.

In the same container you will eat this from, mix or vigorously shake together:

- 1 scoop of Tasty Whey
- Box of fat and sugar free pudding mix (or 6 ounces of plain yogurt)
- 1-2 tablespoons of chia seeds (optional)
- 1 4-6 ounces of almond, coconut or regular milk (Don't use milk if using the yogurt alternative)

Refrigerate until it sets.

Make a bunch of servings at a time, and take a low-calorie, protein-packed serving with you to work or school. This is perfect for an after workout supplement that gives you both protein and a special—you deserve it—treat.

Manufactured for and Distributed By:
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ADAPTOGENSCIENCE.com

ULTRA PURE WHEY

POST WORKOUT

DAILY & BETWEEN MEALS

GLUTEN FREE

PERFORMANCE SERIES

ADAPTOGEN® SCIENCE

TASTY WHEY™

100% PREMIUM WHEY PROTEIN

GETTING STRONGER & LEANER NEVER TASTED THIS GOOD!

- Calorie-Burning Natural Fatty Acids
- Mixes Easily
- Feel FULLER Longer

VANILLA CREME
Naturally & Artificially Flavored

REAL MILK SHAKE TASTE

NET WT 5 LBS (2268g)

Nutrition Facts

Serving Size: 1 Scoop (38g)
Servings Per Container: 60

Amount Per Serving	
Calories 160	Calories From Fat 45
	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 55mg	**18%**
Sodium 75mg	**3%**
Potassium 430mg	**12%**
Total Carbohydrate 9g	**3%**
Sugars 3g	
Dietary Fiber <1g	**3%**
Protein 20g	**40 %**
Vitamin A 0% •	Vitamin C 0%
Calcium 10% •	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet.

Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,5000
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram: Fat 9 · Carbohydrate 4 · Protein 4

Ingredients: Whey Protein Concentrate‡, Coconut Powder (coconut oil, sodium caseinate, sugar, dipotassium phosphate, propylene glycol esters of fatty acids, mono and diglycerides, sodium silicoaluminate, soy lecithin, carrageenan), Fructose, Natural and Artificial Flavors, Potassium Chloride, Guar Gum, Sucralose.

Contains: Milk & Soy.

Made in a facility that processes Milk, Eggs, Fish, Crustacean Shellfish, Peanuts and Soy.

‡ Cold Filtered Processed including micro and ultra-filtration

TYPICAL AMINO ACID PROFILE (per 2 scoops)

ESSENTIAL AMINO ACIDS	HISTIDINE	640 mg	
	ISOLEUCINE	1,840 mg	BCAA
	LEUCINE	3,520 mg	BCAA
	LYSINE	3,000 mg	
	METHIONINE	640 mg	
	PHENYLALANINE	1,040 mg	
	THREONINE	1,800 mg	
	TRYPTOPHAN	520 mg	
	VALINE	1,760 mg	BCAA
NON-ESSENTIAL / CONDITIONAL	ALANINE	1,400 mg	
	ASPARTIC ACID	3,360 mg	
	ARGININE	920 mg	
	CYSTINE	680 mg	
	GLUTAMIC ACID	5,320 mg	
	GLYCINE	560 mg	
	PROLINE	2,640 mg	
	SERINE	1,840 mg	
	TYROSINE	920 mg	

USAGE & DIRECTIONS

So advanced you can take any time of the day. Mix 1 serving (1 scoop) with 6 oz. of cold water or skim milk.

Mixes easily - Using a blender makes it even more delicious with a creamy, milkshake taste!

TYPICAL NUTRITIONAL VALUES

- Biological Value **104**
- PDCAAS* **1.00**
- Protein Efficiency Ratio **3.6**
- Net Protein Utilization **92**
- Protein Digestibility **95**

*PDCAAS – Protein Digestibility Corrected Amino Acid Score