

health

Whole-Food Cultured

Organic whole-food cultured vitamins and minerals go beyond just addressing nutrient deficiencies to promote overall health and system-specific benefits, with complementary herbs.*

Gentle

Every Woman™'s One Daily 40+ is a probiotic-cultured multivitamin that can be taken anytime—even on an empty stomach!

Hormone Health

Organic Chaste Tree berry, a traditional women's tonic, supports hormone health with complementary Red Clover and Raspberry leaf.*

Bone & Digestion Support

Cultured Vitamin D3 supports bone health, while whole-food sourced Vitamin K2† supports healthy Calcium metabolism.* Vitamins C and D3 help digestion by aiding absorption of key nutrients, complemented by Organic Aloe.*

Once Daily

Convenient once-daily multivitamin is formulated specifically for the needs of women 40 and over.

GLUTEN FREE

† Not a sole source of this nutrient; a healthy diet is also important.

NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES AND HERBS



40+ every woman's ONE DAILY MULTI

**Whole-Food Cultured Multivitamin
with Nutrients for Bone, Hormone
and Digestion Support****

Can be taken on an empty stomach



72 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving		%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU	100%
Vitamin C (as ascorbic acid from culture media)	60 mg	100%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU	250%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU	100%
Vitamin K (as phytylquinone [K] from culture media and as menaquinone-7 [K2] from natto)	80 mcg	100%
Thiamin (as thiamine hydrochloride from culture media)	2 mg	133%
Riboflavin (from culture media)	2 mg	118%
Niacin (as niacinamide from culture media)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	5 mg	250%
Folate (as folic acid from culture media)	200 mcg	50%
Vitamin B12 (as cyanocobalamin from culture media)	25 mcg	417%
Biotin (from culture media)	150 mcg	50%
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg	100%
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	25 mg	3%
Iodine (as potassium iodide from culture media)	75 mcg	50%
Magnesium (as magnesium oxide from culture media and <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. corallioides</i>])	6 mg	2%
Zinc (as zinc oxide from culture media)	7.5 mg	50%
Selenium (as selenium dioxide from culture media)	75 mcg	107%
Copper (as copper sulfate anhydrous from culture media)	750 mcg	38%
Manganese (as manganese chloride from culture media)	1 mg	50%
Chromium (as chromium chloride from culture media)	60 mcg	50%
Molybdenum (as sodium molybdate from culture media)	10 mcg	13%

Cruciferous Sprouts Blend (sprouted seeds)	50 mg	*
Organic Broccoli, Organic Cauliflower, Organic Kale, Organic Daikon Radish, Organic Cabbage, Organic Mustard		
Hormone Support Blend (from culture media)	50 mg	*
Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)		
Stress/Energy Support Blend (from culture media)	30 mg	*
Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)		
Cardio Support Blend	20 mg	*
Organic Fenugreek (seed) from culture media, Organic Oregano (leaf) from culture media, Grapeseed extract, Organic Hawthorn (berry and seed) from culture media		
Digestive Support Blend (from culture media)	10 mg	*
Organic Aloe (leaf), Organic Peppermint (leaf), Organic Coriander (seed), Organic Cardamom (seed), Organic Artichoke (leaf)		
Ginger (rhizome) hydroethanolic extract	3.2 mg	*
Organic Turmeric (rhizome) powder (from culture media)	3.2 mg	*
Organic Ginger (rhizome) supercritical extract	0.8 mg	*
Organic Turmeric (rhizome) supercritical extract	0.8 mg	*

* Daily Value not established

Other ingredients: Culture media (organic milled soy, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic gum acacia, organic carrot powder, organic alfalfa powder, organic orange peel, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated] and organic molasses), organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*)*

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301
For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

holistic

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements, *They're Supplemental Food!*™

PROBIOTIC-CULTURED

Fermented with Beneficial Live Probiotics

**NON-GMO
PROJECT VERIFIED**

Made with Organic Vegetables and Herbs

WHOLE-FOOD COMPLEXED

Can be Taken on an Empty Stomach

Suggested use: One tablet daily.

Can be taken anytime, even on an empty stomach.

Gluten free; 100% vegetarian; no artificial flavors or colors.



Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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