Omega-3.6.9 with Borage Oil ERESHNER PURITY GUARANTEED # POTENC

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision and Joint Health\* 180 Soft Gels

## **Supplement Facts**

Serving Size 2 Soft Gels Servings Per Container 90

d by the FDA. This product e, or prevent any disease.

Amount Per 2 S	oft Gels	% DV
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Vitamin D <sub>3</sub> (as cholecalciferol)	2000 IU	500%
Vitamin E (as natural d-Alpha Tocopherol)	200 IU	667%
Total Omega-3s (from Norwegian fish oil)*	400 mg	†
EPA (Eicosapentaenoic Acid)☆	266 mg	+
DHA (Docosahexaenoic Acid)☆	134 mg	+
Omega-6 (Gamma Linolenic Acid from borage seed oil)☆	400 mg	+
Omega-Q (Olaic Acid from barage cood ail)	300 mg	+

Omega-9 (Oleic Acid from borage seed oil)<sup>☆</sup> 300 mg t

\*\* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established. \*Reported as triglycerides.

Other Ingredients: Natural lemon flavor. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (anchovy and sardine).

Medical Scientists Internationally are encouraging people to eat more fish. Fish body oil is a major source of the polyunsaturated Omega-3s EPA and DHA. This balanced formula combines equal ratios of omega-3s and omega-6s, plus omega-9 from borage seed oil.

**Directions:** Take two soft gels once daily, **at mealtime**.

## ✓ Gluten-free ✓ Sugar-free✓ Preservative-free

## **PURITY GUARANTEED**

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.



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