



# RAW ORGANIC LUCUMA POWDER

MAPLE-FLAVORED SUPERFOOD OF SOUTH AMERICA

- ✓ ORGANIC
- ✓ NON-GMO
- ✓ RAW
- ✓ VEGAN
- ✓ GLUTEN-FREE
- ✓ KOSHER



- FIBER**  
DIGESTIVE MAINTENANCE
- POTASSIUM**  
HEART & MUSCLE FUNCTION
- ZINC**  
ESSENTIAL TRACE ELEMENT
- TRACE MINERALS**  
HEALTHY CELL STRUCTURE



NET WT. 8oz (227g)

## Certified Organic Lucuma Powder

An exotic, slightly sweet subtropical fruit grown in South America, the taste of lucuma is incredibly unique. With rich flavors of maple, custard and caramel, it's long been a local favorite ice cream flavor. The lucuma fruit has green skin, with a bright yellow-orange flesh and a large seed in the middle similar to an avocado. Also known as eggfruit, mamey sapote, and zapotillo, lucuma is high in fiber, and has potassium, zinc, iron, and vitamin C, making it both a delicious and nourishing superfood.

## The Sunfood Difference™

Our certified organic Lucuma Powder is completely pure and free of pesticides, herbicides, chemical fertilizers, solvents and additives. It is made by drying the most ripe and flavorful fruits at a low temperature and gently grinding them up into an easy-to-use powder. This process preserves the delicate flavors and nutritional qualities of lucuma.

## Suggested Recipe

### RASPBERRY LUCUMA SMOOTHIE

- 1/4 cup Lucuma Powder
- 1 tbsp soaked Chia Seeds
- 1 1/2 cups water
- 1 cup frozen raspberries
- 1 tbsp almond butter



Combine all ingredients in a blender, blend on high for about 20 seconds. Enjoy!

For more recipes, visit [sunFood.com/recipes](http://sunFood.com/recipes)

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**888 RAW FOOD (729 3663)**



## Nutrition Facts

Serving Size: 1 tbsp (16g)  
Servings Per Container: 14

Amounts Per Serving			
Calories	60	Calories from Fat	0
% Daily Value*			
<b>Total Fat</b>	0g		<b>0%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b>	0mg		<b>0%</b>
<b>Sodium</b>	5mg		<b>0%</b>
<b>Potassium</b>	170mg		<b>5%</b>
<b>Total Carbohydrate</b>	14g		<b>5%</b>
Dietary Fiber	5g		<b>20%</b>
Sugars	5g		
<b>Protein</b>	1g		
Vitamin A	0%	Vitamin C	2%
Calcium	1%	Iron	2%
Phosphorus	1%	Magnesium	1%
Zinc	5%	Manganese	2%

\*Percent Daily Values are based on a 2,000 calorie diet.

**Ingredients:** Certified organic raw lucuma

**Suggested Use:** Add Lucuma Powder to smoothies, yogurt, fresh fruit or ice cream. Try a tablespoon of Lucuma Powder in your next recipe!

**Storage:** Reseal bag after opening. Store in a cool, dry place.

**Caution / Allergen Statement:** Packaged in a gluten-free facility. May contain traces of tree nuts and peanuts.

May contain a desiccant pack. Do not eat.

**Sunfood™** DISTRIBUTED BY SUNFOOD  
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CERTIFIED ORGANIC BY CCOF

SKU 2352



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