

## **Nutrition Facts**

Serving Size: 1 Bar (60g) Servings Per Container: 12

Calories 230

Calories from Fat 80

Total Fat 9a Saturated Fat 4a Trans Fat 0a Cholesterol 20mg

Sodium 250ma

14% Total Carbohydrate 22a 7% Dietary Fiber 1d Sugars 3g 7% Protein 20a

% Daily Value\* Amount Per Serving

Total Carbohydrate

Vitamin A 2% • Vitamin C 0% • Calcium 6% • Iron 4% Ingredients: Protein Bar Blend (Protein Blend [Whey Protein Concentrate, Whey Protein Isolate], Vegetable Oils [Palm, Palm Kernel, Soybean], Vegetable Glycerin Gelatin, Sorbitol, Maltitol, Water, Sugar, Cocoa [Processed with Alkali], Corn Syrup, Sunflower Oil, Chocolate Liquor, Cocoa Butter, Natural Flavors, Maltodextrin Salt, Sodium Caseinate, Propylene Glycol Mono Esters, Baking Soda, Mono and Diglycerides, Soy Lecithin, Potassium Sorbate, Acetylated Monoglycerides Sunflower Lecithin, Whey, Beta-Carotene, Vitamin A Palmitate, Natural Tocopherols, Silicon Dioxide, Sorbitan Tristearate, Almond, Peanut, Sucralose), Isolated So Protein, Contains milk, soy, almond and peanut ingredients, Manufactured in a facility that also processes wheat, tree nut and egg ingredients.

‡ Energy is supplied from 230 calories.

MuscleTech® is America's #1 Selling Bodybuilding Supplement Brand based on cumulative wholesale dollar sales 2001 to present.

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