Directions: Take one softgel twice daily with meals.

Oregulin combines the unique potency of CO2-extracted cinnamon and fenugreek with wild mountain-grown spices of cumin, myrtle, and oregano. Oregulin provides ideal, balanced support when combined with a healthy diet and exercise regimen.* Consult your physician if you are taking diabetic medication.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Mfd. for North American Herb & Spice P.O. Box 4885, Buffalo Grove, IL 60089

1-800-243-5242 www.oreganol.com



Supplement Facts Serving Size: 1 softgel Servings Per Container: 90

Amount Per Serving % Daily value Proprietary blend 140 mg Extra virgin olive oil/Austrian pumpkinseed oil Wild myrtle oil

*Daily value not established Other ingredients: 100% beef gelatin (BSE-free)

Wild oregano oil P73

Fenugreek oil (CO2 extract)

Cinnamon oleoresin (CO2 extract)

Wild cumin

Fennel oil

6 35824 00200 0