Glucosamine promotes joint health and nutritionally works to promote the structural framework of healthy joints." Glucosamine and Chondroitin are important components of glycosaminoglycans the essential structural material in healthy cartilage, supporting mobility, range of motion, flexibility and easing of occasional joint stress due to exercise or physical activity." Vitamin C is involved in the formation of collagen, which is a protein essential in the formation of tendons and ligaments." Manganese plays a role in the production of healthy cartilage compounds."

Individual results may vary.

Due to the natural variation of the raw material, tablet color and appearance may vary from batch to batch.

†Albion® is a registered trademark of Albion Laboratories, Inc. ††Naturally occurring.

Carefully Manufactured by: Solgar, Inc. 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4 www.solgar.com ©2016 Solgar, Inc.

SOLGB71287 02C



EXTRA STRENGTH

GLUCOSAMINE CHONDROITIN COMPLEX

PROMOTES HEALTHY JOINTS* SUPPORTS COMFORTABLE MOVEMENT*

> Non-GMO GLUTEN, WHEAT & DAIRY FREE

DIETARY SUPPLEMENT

300 TABLETS

Supp	e: 3 Tablets	Facts
Serving Siz	e: 3 Tablets	

Servings Per Containe	er: 100	
Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	3 g	1%**
Vitamin C (as calcium ascorbate)	300 mg	500%
Manganese (as manganese glycinate chelate)†	3 mg	150%
Sodium††	135 mg	6%
Sodium Chondroitin Sulfate	1500 mg	***
Glucosamine Sulfate (from Glucosamine Sulfate 2KCl)	1500 mg	***

Percent Daily Values (DV) are based on a 2,000 calorie diet *Daily Value (DV) not established

GF

Other Ingredients: Vegetable Cellulose, Microcrystalline Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Vegetable Glycerin.

Contains shellfish (crab, shrimp, crayfish and lobster).

SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Diabetics, use only under a physician's supervision. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

