



Suggested Use: Take NutraBio Casein before bed and/or between meals when slow digesting protein is desired. Add 1 scoop with 6 ounces of cold water or your favorite beverage to a shaker cup or blender and mix for 25-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Drink 1-3 servings daily as needed to satisfy your protein requirements. Using nonfat milk instead of water will give you a thicker, creamier shake.

Micellar Casein has a slow absorption rate into the bloodstream, which provides a steady stream of amino acids to muscle cells lasting 4-6 hours. This ensures positive nitrogen retention in muscles for much longer periods compared to whey protein. Casein is best taken at night or in combination with whey protein isolate after workouts to help provide sustained amino acid delivery during the two most crucial times of muscle growth; during sleep and post-training.

- **NO INFERIOR CASEINATE NO ADDED SUGARS**
- NO GLUTEN or BSE/TSE
- NO DEXTROSE/MALTODEXTRIN NO BANNED SUBSTANCES

**NO PROPRIETARY BLENDS** NO HIDDEN INGREDIENTS

247mg

# NO FILLERS or EXCIPIENTS

1790mg

1296ma

463mg

772mg

Amino Acids (NAAs)

Conditionally Essential

Shown is the typical amino acid profile per serving which is derived from micellar casein only. Absolutely no ingredients have been added to spike protein values. Amino Acids (CAAs)

Amino Acids (EAAs)

340mg 1512ma 1019mg

1265mg 2253mg

1265mg 648mg Proline

2346mg Glutamic Acid 5031mg

710mg \*\* Branch Chain Amino Acids



Ouality and purity since 1996.

MANUFACTURED IN O
NutraBio manifactures in our
own FDA registered &
GMP Gaillity
complying with FDA 21 CFR
Part 111 regulations.

PART 111 regulations. Quality and purity since 1996. MANUFACTURED IN OUR INSPECTED FACILITY FDA Registration: 16906175560

BUILD | REPAIR | RECOVER

SLOW DIGESTING PROTEIN

NO FILLERS NO EXCIPIENTS **NO** ADDITIVES

Slow Digesting Anti-Catabolic Protein.

**Ultimate Nighttime Protein High Concentration of BCAAs** 



WILD STRAWBERRY

MADE IN OUR

**GMP** 

**FDA** 

INSPECTED FACILITY

**25G** 

**5G** 

(I)D

## **Supplement Facts**

Serving size: 1 scoop (32.59 grams) Servings per container: 27.8

g- p	
Amount Per Serving	% Daily Value
Calories 115	
Calories from Fat 5	
Total Fat 0.5g	1%*
Cholesterol 15mg	5%*
Total Carbohydrate 2g	<1%*
Sugars 1g	†
Protein 25g	50%*
Calcium 730mg	73%*
Sodium 60mg	2%*
Potassium 80mg	2%*
Micellar Casein (non-denatured) 31.65g	†
Flavoring <1g	+

(natural strawberry flavor 600mg, xanthan gum 100mg, beet powder 85mg, sucralose 85mg, salt 70mg

Percent Daily Values are based on a 2000 calorie diet.

OTHER INGREDIENTS: ABSOLUTELY NONE

Allergens: Milk and soy lecithin.

Kosher, Non-GMO, Gluten Free & BSE/TSE Free.

STORE IN COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose treat, cure or prevent any disease.

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EVERY BLENDS PROPRIETARY MO

