

### Natrol® Melatonin 5mg Fast Dissolve:

- Helps establish normal sleep patterns†
- Fast Dissolve form—take anytime, anywhere; no water needed
- 100% Drug-free and non-habit forming

Melatonin is a nighttime sleep aid for occasional sleeplessness.†

**WARNING:** Consult your healthcare professional if you are under medical supervision, using tranquilizers or sedatives, including alcohol, or if you have an autoimmune condition, depressive disorder, are pregnant or lactating, or using daily for more than four weeks. For adult use only at bedtime. Do not take when operating machinery or driving a vehicle.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 5865.94602 F: 3002888 L: 2008897-17151



# NATROL®

# Melatonin

## SLEEP

Fall Asleep Faster,  
Stay Asleep Longer†

100% Drug-Free

**FAST  
DISSOLVE**



STRAWBERRY  
NATURAL FLAVOR

5mg

EXTRA STRENGTH



VEGETARIAN

90 TABLETS

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet 20 minutes before bedtime. No water necessary.

## Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount Per Serving	%DV
Melatonin	5 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Croscopovidone, Modified Food Starch, Silicon Dioxide, Malic Acid, Natural Flavor, Stearic Acid, Beet Root Extract, Magnesium Stearate, Citric Acid.

**Contains:** Wheat and Soy

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

Manufactured by NATROL LLC  
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LOT/EXP: