

health

Organic whole-food cultured vitamins and minerals go beyond just addressing nutrient deficiencies to promote overall health and system-specific benefits, with complementary herbs.*

Every Woman™'s One Daily is a probiotic-cultured multivitamin that can be taken anytime—even on an empty stomach!

Cultured Vitamin D3 supports bone health, and whole-food sourced Vitamin K2[†] supports healthy Calcium metabolism.*

Cultured Zinc[‡] and Vitamins C & A support immune system function, with complementary Elderberry.* Also, emerging studies suggest that taking a daily multivitamin provides support for occasional stress.*

Convenient once-daily multivitamin is formulated specifically for the needs of active women.

GLUTEN FREE

NEW CHAPTER®

MADE WITH ORGANIC VEGETABLES AND HERBS



every woman's
ONE DAILY MULTI

Whole-Food Cultured Multivitamin
with Nutrients for Stress[†], Immune
and Bone Support*[‡]

Can be taken on an empty stomach

24 Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV
Vitamin A (100% as beta-carotene from culture media)	5000 IU 100%
Vitamin C (as ascorbic acid from culture media)	60 mg 100%
Vitamin D3 (as cholecalciferol from culture media)	1000 IU 250%
Vitamin E (as d-alpha-tocopheryl acetate from culture media)	30 IU 100%
Vitamin K (as phyloquinone [K1] from culture media and as menaquinone-7 [K2] from natto)	80 mcg 100%
Thiamin (as thiamine hydrochloride from culture media)	1.5 mg 100%
Riboflavin (from culture media)	1.7 mg 100%
Niacin (as niacinamide from culture media)	20 mg 100%
Vitamin B6 (as pyridoxine hydrochloride from culture media)	2 mg 100%
Folate (as folic acid from culture media)	400 mcg 100%
Vitamin B12 (as cyanocobalamin from culture media)	12 mcg 200%
Biotin (from culture media)	150 mcg 50%
Pantothenic Acid (as calcium D-pantothenate from culture media)	10 mg 100%
Calcium (from algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	25 mg 3%
Iron (as ferrous fumarate from culture media)	3 mg 17%
Iodine (as potassium iodide from culture media)	75 mcg 50%
Magnesium (as magnesium oxide from culture media and algae <i>Lithothamnion</i> [<i>L. calcareum</i> and <i>L. coralloides</i>])	6 mg 2%
Zinc (as zinc oxide from culture media)	7.5 mg 50%
Selenium (as selenium dioxide from culture media)	50 mcg 71%
Copper (as copper sulfate anhydrous from culture media)	750 mcg 38%
Manganese (as manganese chloride from culture media)	1 mg 50%
Chromium (as chromium chloride from culture media)	60 mcg 50%
Molybdenum (as sodium molybdate from culture media)	10 mcg 13%
Stress and Energy Support Blend (from culture media)	50 mg •
Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Hormone Support Blend (from culture media)	30 mg •
Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Immune Support Blend	20 mg •
European Elder (berry) Extract, Organic Eleuthero (root) (from culture media), Organic Astragalus (root) (from culture media)	
Ginger (rhizome) hydroethanolic extract	3.2 mg •
Organic Turmeric (rhizome) powder (from culture media)	3.2 mg •
Organic Ginger (rhizome) supercritical extract	0.8 mg •
Organic Turmeric (rhizome) supercritical extract	0.8 mg •

* Daily Value (DV) not established

Other ingredients: Culture media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae* [active and inactive], organic maltodextrin, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*L. acidophilus*, *B. bifidum*, *L. rhamnosus*], papain [deactivated], bromelain [deactivated]), organic molasses and organic safflower oil, organic gum acacia, silicon dioxide, lac resin, carnauba wax and maltodextrin.

Contains: Fermented soy and fermented wheat (as food source for *Saccharomyces cerevisiae*).*

** The wheat has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.

Distributed by NEW CHAPTER, INC.
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For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA

holistic

New Chapter® Whole-Food Probiotic-Cultured Multis: More Than Food Supplements, They're Supplemental Food!™

PROBIOTIC-CULTURED

Fermented with Beneficial Live Probiotics

NON-GMO PROJECT VERIFIED

Made with Organic Vegetables and Herbs

WHOLE-FOOD COMPLEXED

Can Be Taken on an Empty Stomach

Suggested use: One tablet daily.
Can be taken anytime, even on an empty stomach.

Gluten free; 100% vegetarian; no artificial flavors or colors.



Caution: As with any dietary or herbal supplement, you should advise your healthcare practitioner of the use of this product. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare practitioner prior to using this product. **WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Whole-Food Cultured

Gentle

Bone Health

Immune & Stress Support

Once Daily



† Not a sole source of this nutrient; a healthy diet is also important.