



A & D

10,000 IU & 400 IU

DIETARY SUPPLEMENT

Supports Healthy Vision and Immune Function*

100 Soft Gels

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

1211-3a

4.6875" x 1.6875"

60cc

Supplement Facts

Serving Size 1 Soft Gel

	Amount Per Soft Gel	% Daily Value
Vitamin A (as/from fish liver oil and retinyl palmitate)	10,000 IU	200%
Vitamin D3 (from fish liver oil and cholecalciferol)	400 IU	100%

Other Ingredients: Safflower oil. Soft Gel Shell: Beef gelatin, glycerin, water. Contains fish (cod, pollock, haddock).

WARNING: Taking vitamin A from retinol in quantities of 10,000 IU or more is known to cause birth defects or other reproductive harm.

Directions: Adults take one soft gel daily **at mealtime**. Do not take if you are pregnant or planning to become pregnant.

POTENCY & QUALITY GUARANTEED

Distributed by Carlson Division of J.R. Carlson Laboratories, Inc.
Arlington Heights, IL 60004
888-234-5656 • 847-255-1600
www.carlsonlabs.com
An FDA Regulated Facility



1211-3a