

# GREAT FOR SHAKES, BAKING, & COOKING

# QUEST<sup>®</sup> Protein P O W D E R

**24g**  
PROTEIN  
PER SCOOP

**60%**  
WHEY  
ISOLATE

**40%**  
MICELLAR  
CASEIN



**0g**  
SUGAR ‡  
per serving

Serving  
suggestion.

## MULTI-PURPOSE MIX



NO SOY



NO ADDED  
SUGAR ‡



SUGAR  
per serving ‡



GLUTEN  
FREE



BAKES  
WELL

NET WT 32oz (2lb) (907g)

## Nutrition Facts

Serving Size 1 scoop (28g)  
Servings Per Container 32

Amount Per Serving		Calories from Fat 0	
		% Daily Values*	
<b>Calories</b>	100		
<b>Total Fat</b>	0g	<b>0%</b>	
Saturated Fat	0g	<b>0%</b>	
Trans Fat	0g		
<b>Cholesterol</b>	15mg	<b>5%</b>	
<b>Potassium</b>	85mg	<b>2%</b>	
<b>Sodium</b>	115mg	<b>4%</b>	
<b>Total Carbohydrate</b>	1g	<b>0%</b>	
Dietary Fiber	<1g	<b>2%</b>	
Sugars	0g		
<b>Protein</b>	24g	<b>48%</b>	

Vitamin A	0%	Vitamin C	0%
Calcium	30%	Iron	0%
Phosphorus	20%	Magnesium	6%

\*Percent Daily Values are based on a 2,000 calorie diet.  
Your Daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50mg	65mg

**Ingredients:** Protein Blend (Whey Protein Isolate, Micellar Casein). **Contains less than 2% of the following:** Sunflower Lecithin, Xanthan Gum, Cellulose Gum.

**Contains:** Milk-Derived Ingredients.

Manufactured by Quest Nutrition, LLC  
City Of Industry, CA, 91745  
QUESTNUTRITION.COM 888.212.0601

‡ Not a low-calorie food

QUEST<sup>®</sup> | Recipes

The Perfect Shake

- Use 8 ounces of cold water or other chosen liquid per full scoop of Quest Protein.
- Whip in a blender if possible for best texture.

When adding fruit or other ingredients, more water may be needed to achieve desired consistency.

Serving suggestions.

Recipe Book Included!



Shakes



Neapolitan  
Cake



Chocolate  
Lava Cake



Carrot  
Cake Muffin

Find more recipes at [QuestNutrition.com/Kitchen](https://www.questnutrition.com/kitchen)

SHARE YOUR QUEST RECIPE WITH US  
**#CHEATCLEAN<sup>®</sup>**

YOU MAY SEE YOUR RECIPE FEATURED!

@QUESTNUTRITION<sup>®</sup>

QUEST<sup>®</sup>  
Protein  
P O W D E R

**TASTE, REIMAGINED.**

Quest<sup>®</sup> flavored Protein Powder is a tasty, decadent blend. Even when it's simply mixed with water. We've transformed high quality protein into impossibly delicious flavors that are distinctly Quest<sup>®</sup>.

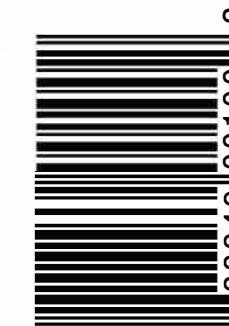
But we didn't stop there.

**CHEAT DAY, EVERYDAY.**

Quest<sup>®</sup> Protein Powder is a groundbreaking cooking companion for your favorite #CheatClean<sup>®</sup> recipes. Ditch the junk for this perfect ingredient swap to turn a carb-heavy cheat into a protein-rich treat.

**PROTEIN PER CALORIE.**

We believe the greatest measure of a protein powder is its protein-to-calories percentage. The higher, the better. Quest<sup>®</sup> Protein Powder has one of the highest percentages of any protein because we don't add any junk. It's just amazing taste and excellent nutrition.



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This package is sold by weight, not volume. Some setting of content may have occurred during shipping and handling. Keep container closed and in a cool, dry location.  
**Notice:** For weight reduction, use only as directed with a prescribed diet plan. Do not use in diets supplying less than 400 calories per day without medical supervision.