

#### DIRECTIONS:

To assess individual tolerance, for the first three days, start with one (1) caplet, taken with a glass of water two (2) times daily, approximately 30 to 60 minutes before your two main meals. For days 4 and beyond, follow the chart below. Do not exceed two (2) caplets in a 4-hour period and/or four (4) caplets in a 24-hour period. Do not take within 5 hours of bedtime.

For best results use *Hydroxycut*® for 60 days in conjunction with a calorie-reduced diet and regular exercise program. Consume 8 to 10 glasses of water per day. Read the entire label before use and follow directions.

Day 1 to Day 3 ..... 1 caplet, 2x daily

Day 4 & Beyond ..... 2 caplets, 2x daily

#### #1 IN AMERICA - IT REALLY WORKS!

Thank you, America, for making *Hydroxycut*® America's #1 Selling Weight Loss Supplement Brand! Millions from coast to coast have chosen *Hydroxycut*® to help them reach their weight loss goals. Science, Quality and Purity have been the focus for *Hydroxycut*® for the past 20 years. The result is over 95 million bottles sold.♦ *Hydroxycut*® really works!

AMERICA'S #1 SELLING  
WEIGHT LOSS SUPPLEMENT BRAND\*\*

PRO CLINICAL  
**HYDROXYCUT**®  
LOSE WEIGHT

Advanced Weight Loss<sup>▲,1</sup>  
Boost Metabolism<sup>▲,2</sup>  
Increase Energy<sup>▲,2</sup>



Dietary Supplement

72 Rapid Release  
Caplets

#### Supplement Facts

Serving Size: 2 Rapid Release Caplets  
Servings Per Container: 36

Amount Per Serving	% Daily Value
Calcium	145mg 15%
<b>Hydroxycut® Blend</b>	<b>441mg †</b>
<b>Weight-Loss Plus Matrix</b>	
Robusta coffee extract (as <i>C. canephora robusta</i> ) (bean)	†
Standardized for 45% chlorogenic acids	
Papaya (as <i>Carica papaya</i> ) (fruit)	†
Blackberry (as <i>Rubus fruticosus</i> ) (fruit)	†
Saffron extract (as <i>Crocus sativus</i> ) (stigma)	†
<b>HydroxyBoost™+</b>	
Caffeine anhydrous (1,3,7-trimethylxanthine)	†
Supplying 200mg of caffeine	
Maqui (as <i>Aristotelia chilensis</i> ) (berry)	†
Amla extract (as <i>Phyllanthus emblica</i> ) (fruit)	†

†Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Dicalcium Phosphate Dihydrate, Pre-gelatinized Starch, Stearic Acid, Coating (Titanium Dioxide, Polyethylene Glycol, Talc), Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide